

Produce Market Report January 9, 2018

GOOD BUYS FOR THE WEEK



Clementines: Very popular and flying out of our facility, Clementines from Spain and Morocco are priced right!

Mangos: Because we have sources in both Peru and Brazil, we are seeing very good prices on excellent quality mangos this week.



Blackberries: Great sources of vitamin A and D, blackberries from Mexico are beautiful and sweet!

Grapefruit: Citrus groves in Texas and Florida are sending dark, ruby red grapefruit. The flesh is tangy, sweet and juicy. Supplies are ample and prices are competitive.



Iceberg, Green Leaf, Red Leaf & Boston Lettuce: With all the terrible weather in the rest of the country, the sunny, dry days of the desert southwest have produced a high volume of excellent quality leafy green lettuce. All shipments now from the south: Yuma, Arizona and southern Cal.

Celery: Supplies are good and quality is excellent.

Red & Yellow Peppers: Add some color to your winter menu! Vitamin C too!



New Arrival: Cara Cara Oranges!

Winter Citrus!

The Winter citrus season is in full swing. We are currently highlighting Blood, Cara Cara Oranges, & Clementines!

- Clementines - 5lb Case
- Blood Oranges - 20lb Case
- Cara Cara Oranges - 20lb Case



GOOD BUYS

Clementines

Mangos

Blackberries

Grapefruit

Iceberg, Green, Red Leaf & Boston

Celery

Red & Yellow Peppers

KEEP IN MIND

Avocados

Blueberries

Pears

Grapes

Grapefruit

Bing Cherries, Peaches & Nectarines

Cantaloupes & Honeydews

Brussels Sprouts

WATCH

Strawberries

Lemons & Oranges

Tomatoes

Raspberries

Asparagus

Green Beans

Green Onions, Parsley & Cilantro

Broccoli, Broccoli Crowns & Florets

Cauliflower & Florets

KEEP IN MIND

Avocados: Prices are up due to fewer pickers in Mexico and much higher freight rates. New DOT regulations have caused a severe shortage of trucks available to ship produce. Drivers are forced to drive many fewer miles per day than before January 1, 2018.



Blueberries: Plump, delicious berries with a nice powdery bloom are coming in now from Chile. A little higher prices.

Pears: All varieties including boscs, red bartletts, seckles, comice and forelles are here.

Grapes: The transition is underway as the domestic crop ends. With Chile starting up, prices on red grapes are up significantly.

Peaches, Nectarines & Cherries: First of the Bing cherries coming from Chile.

Cantaloupes & Honeydews: Central American shipments with steady price.

Brussels Sprouts: Now steady prices and good quality.

WATCH

Strawberries: Cool nights and rain in Florida and Mexico are alarming grower/shippers to the point that they are spending nights watering berries to form protective ice barriers.

Lemons & Oranges: Very active market for both. Smaller size oranges (88s, 113s and 138s) are in short supply.

Tomatoes: Serious shortages as Florida is producing a fraction of their usual levels and Mexico has not started with any volumes yet.

Raspberries: The same cool conditions causing havoc with strawberries are also impacting raspberries.

Asparagus: Peruvian asparagus growers cannot keep up with demand. The result is a pro-rated situation and sizzling high prices!

Green Beans: Florida cold stalled growth; still very high.

Green Onions, Parsley & Cilantro: Mexico is slow to ship and green onions are especially high this week.

Broccoli Crowns & Cauliflower: Sky high.

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