

Produce Market Report February 13, 2018

GOOD BUYS FOR THE WEEK



Clementines: Spain now the main source of super sweet clementines. Good prices continue.

Blackberries: Dark, beautiful blackberries from Mexico are coming in with outstanding quality. Beautiful, big and plump blackberries at bargain prices.

Mangos: Smooth, buttery mangos with high sugar content are now coming in mostly from Ecuador. Quality remains excellent.

Oranges: Beautiful navels continue from California but Florida juicing oranges in 100s and 125s are the big story this week. (Above)

Seedless Watermelons: Conditions continue to improve as Honduras is the main shipping source for beautiful watermelons. Prices are on the decline.

Asparagus: Beautiful quality and all sizes readily available from Mexico.

Romaine, Romaine Hearts, Iceberg, Green & Red Leaf & Boston Lettuce: Excellent quality for all leafy greens and this week the supplies are so abundant that we're calling this a buyer's market.

Broccoli & Broccoli Crowns: Ample supplies of broccoli are arriving from the desert southwest with outstanding quality.

Brussels Sprouts: Prices lower on ample supplies.

Red Peppers: The prices are very reasonable and the quality is outstanding.

February Fruit of the Month: Pink Lady Apples

Don't forget those beautiful Pink Lady Apples: February Fruit of the Month! We are getting so many positive reactions to the color, crunch and taste of these beauties. Try 'em!



Valencias: Best Juicing Oranges

For out of hand eating, most people prefer navel oranges, but for creating the most delicious fresh-squeezed orange juice, Valencias are the orange of choice. When exposed to oxygen, they retain their sweet tangy flavor and lose none of their rich vitamin and antioxidant benefits. Right now is the peak of Florida's Valencia crop. Order up!



GOOD BUYS

Clementines

Blackberries

Mangos

Oranges

Watermelons

Asparagus

Romaine, Romaine Hearts, Iceberg, Red & Green Leaf Lettuce

Broccoli & Broccoli Crowns

Brussels Sprouts

Red Peppers

KEEP IN MIND

Avocados

Strawberries

Cara Cara & Blood Oranges

Cantaloupes & Honeydews

Blueberries

Raspberries

Grapes

Peaches

Tomatoes

Bushel Beans

WATCH

Bananas

Limes & Lemons

Jumbo Carrots

European Cucumbers

Cabbage

KEEP IN MIND



Avocados: Prices are up a bit this week but still not too high. The supply and quality is very good out of Mexico.

Strawberries: Lots of stem berries available for Valentine's Day. Snipped berries up a bit.

Cara Cara & Blood Oranges: Peak growing season from citrus groves in California. The fruit is absolutely beautiful

Cantaloupes & Honeydews: Quality is excellent and fruit is beautifully ripe from Central America.

Blueberries: Both Mexico and Chile are shipping now!

Raspberries: Steady supplies.

Grapes: Excellent from Chile.

Peaches & Plums: Good pricing now from Chile.

Tomatoes: Better supplies.

Bushel Beans: Quality is excellent from the south and prices are down.

WATCH

Bananas: The banana shortage will continue for several more weeks. Many vendors are cautioning buyers alerting them to much greener fruit because of the wet weather and political barriers in Honduras. You will not have to worry about green bananas from us. Everything is ripe and ready but costs are higher.

Limes: Market continues to be active with high prices but quality is fine.

Lemons: Prices continue on the high side.

Jumbo Carrots: Canadian freeze and California loss of production are driving higher costs.

European Cucumbers: Prices are higher due to shortages in Mexico.

Acorn, Butternut & Spaghetti Squashes: We are seeing unseasonably high prices on hard squashes.

Green & Red Cabbage: The storage crop is depleted and expected yields from the south have suffered with the cold snap.

Yellow Peppers: Now in 11 lb. pack from Mexico.

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