

Produce Market Report July 17, 2018

GOOD BUYS FOR THE WEEK



Peaches & Nectarines :
The sweet perfume of peaches is wafting through our facility as stone fruit season reaches a peak. They eat as good as they smell as a gentle squeeze confirms ripeness and juicy goodness. Try nectarines and red plums too!

Local Peaches: Don't forget those tasty local yellow peaches from our Charlottesville friends at Crown Orchards. The 25 lb. pack gives you more juicy sweetness for the money. Our friendship with the Childs Family is 30 yrs. old!

Grapes: Red seedless grapes are a better buy this week than white grapes. Firm and full of sugar, it's a rare time with pricing this good so order up!

Watermelons: Prices are down now that July 4th is finished.

Cauliflower: Very high quantities out of California growing regions lower prices.

Zucchini & Yellow Squash: These perennial favorites are finally coming from Maryland at good prices.

Green Leaf, Red Leaf, Iceberg, Boston, Romaine & Romaine Hearts: The quality is excellent out of the Salinas area with shippers looking to move all types of gorgeous leafy greens.

Local Corner

Virginia

Yellow & White Peaches—Crown Orchards

Sun Gold Cherry Tomatoes—Lois Produce

Mixed Heirloom Tomatoes

Corn - Parker Farms

Elephant Garlic—Lois

Maryland

Mixed BB Heirloom Tomatoes—Bay Water Farms

Collard Greens

Kale & Mustard Greens

Zucchini/Yellow Squash

Pennsylvania

Gold Bar Zucchini

Black Raspberries
Rhubarb

Fruit of the Month: Rainier Cherries

Rainier Cherries are considered one of the world's most premium varieties. Their distinctive coloration, short growing season, and sweet taste profile firmly places them in a league of their own. Act quickly because availability is limited due to their abbreviated harvest season.



GOOD BUYS

Peaches & Nectarines

Local Peaches

Grapes

Watermelons

Cauliflower

Zucchini & Yellow Squash

Green Leaf, Red Leaf, Boston & Romaine

KEEP IN MIND

Blueberries

Cantaloupes & Honeydews

Oranges

Bing Cherries

Blood Oranges

Avocados

Artichokes

Broccoli & Broccoli Crowns

Green Onions, Leeks, Cilantro & Parsley

WATCH

Lemons

Red Plums

Strawberries

Carrots

Asparagus

Bushel Beans

Brussels Sprouts

KEEP IN MIND

Blueberries: Outstanding quality continues from New Jersey in full pints.

Cantaloupes & Honeydews: The first of the Turlock Farms cantaloupes arrived last week and the west side honeydews have created quite the buzz. Great sugar.

Oranges: Valencia oranges now from California are steady in both price and availability.



Bing Cherries: Our July Fruit of the Month is flying off the shelves now that the price is down a bit. Rainiers are here too but slightly pricier.

Blood Oranges: Can you believe it? We still have plenty of dramatically dark citrus!

Avocados: No issues out of Mexico. Good oil content.

Artichokes: Now out of Castroville; all sizes available.

Broccoli & Broccoli Crowns: Good weather in California for broccoli now!

WATCH

Lemons: The lemon situation has taken a turn for the worse with high demand bumping up against severe shortages caused by relentless rain in Mexico. Quality is fair. Prices will be on the high side until October.

Red Plums: These are the priciest of the stone fruit this week. Should modulate in coming weeks.

Strawberries: Retail chain ads depleted a good deal of the supply which had been abundant before the 4th. Some pro-ration from Driscoll.



Carrots: Jumbo carrots have really spiked up with limited supplies.

Bushel Beans: Continued impact of problems with high unavoidable spring rainy season for local farms.

Brussels Sprouts: High demand puts pressure on supplies.

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Local Product List
 (Availability Subject to change)
 7/17/2018

Field Grown

02075	Beans, Bushel	BUSHEL	C&E Farms	Cheriton, VA
02090	Beans, Snipped	2/5#	C&E Farms	Cheriton, VA
02119	Blackberries	12 PTS	Westmoreland Berry Farm	Oak Grove, VA
03005	Cabbage, Green	50 LBS	Arnold Farms	Chestertown, MD
03200	Collard Greens	15 LBS	Richardson Farms	White Marsh, MD
03215	Corn, White	48 CT	Newmarket Farm	Milford, VA
03220	Corn, Yellow	48 CT	Parker Farms	Oak Grove, VA
03250	Cucumbers	BUSHEL	Hess Farms	Waynesboro, PA
07010	Garlic, Elephant	10 LBS	Lois Produce	Leedstown, VA
11005	Kale	15 LBS	Richardson Farms	White Marsh, MD
13115	Mustard Greens	15 LBS	Richardson Farms	White Marsh, MD
15038	Onions, Green	CASE	Shlagel Farms	Waldorf, MD
16049	Peaches, Doughnut	2 Layer	Crown Orchard	Batesville, MD
16044	Peaches, Yellow	25 LBS	Spring Valley Orchard	Augusta, WV
16056	Peaches, White	2 LAYER	Crown Orchard	Batesville, MD
16139	Peppers, Green Choice	BUSHEL	Hess Farms	Waynesboro, PA
16380	Potatoes, Sweet #1	40 LBS	N. Ellis Produce	Faison, NC
16385	Potatoes, Sweet Jumbo	40 LBS	N. Ellis Produce	Faison, NC
18156	Squash Blossoms	25 CT	Hess Farms	Waynesboro, PA
07030	Squash, Goldbar	20 LBS	Hess Farms	Waynesboro, PA
21012	Squash, Yelllow	18 LBS	Shlagel Farms	Waldorf, MD
22014	Squash, Zucchini	18 LBS	Shlagel Farms	Waldorf, MD
19143	Tomatoes, Beefsteak	25 LBS	Newmarket Farm	Milford, VA
19176	Tomatoes, Cherry Heirloom	12 PTS	Bay Water Greens	Salisbury, MD
19141	Tomatoes, Green	25 LBS	Godfrey Farms	Sudlersville, MD
19148	Tomatoes, Sungold Cherry	12 PTS	Lois Produce	Leedstown, VA

Hydroponic

01117	Arrugula, Hydro Baby	2 LBS	Lakeville Specialty	Washingtonville, PA
02055	Bean Sprouts	10 LBS	JC Bean Sprout	Oak Grove, VA
03224	Corn Shoots	8 OZ	Arc Greenhouse	Vineland, NJ
18104	Pea Tendrels	4 OZ	Arc Greenhouse	Vineland, NJ
12170	Lettuce, Mache	2 LBS	Lakeville Specialty	Washingtonville, PA
12177	Lettuce, Mizuna	2 LBS	Lakeville Specialty	Washingtonville, PA
12284	Living Mixed Lettuces	12 CT	FreshH2O Growers	Stevensburg, VA
19152	Tomatoes, Cherry Mixed	12/10oz	Hummingbird Farms	Ridgley, MD
19202	Tomatoes, Beefsteak Large	14 LBS	Hummingbird Farms	Ridgley, MD
19304	Tomatoes, Beefsteak XL	17 LBS	Hummingbird Farms	Ridgley, MD

Local Products continued

19300	Upland Cress	2 LBS	Lakeville Specialty	Washingtonville, PA
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Local Cheeses

30075	Cheese, Lofton Colby	WHEEL	Mountain View Farm Products	Fairfield, VA
30065	Cheese, Feta	20 LBS	Mountain View Farm Products	Fairfield, VA
31004	Cheese, Goat	6 LBS	Cherry Glen Farm	Boyds, MD
30077	Cheese, Guda Lusk	WHEEL	Mountain View Farm Products	Fairfield, VA
30078	Cheese, Baby Swiss	WHEEL	Mountain View Farm Products	Fairfield, VA
30205	Cheese, Black and Blue	6 LBS	Firefly Farms	Accident, MD
30201	Cheese, Blue Mountain	6/9oz	Firefly Farms	Accident, MD
00406	Cheese, Burrata con Panna	12-4OZ	Lioni Latticini	Union, NJ
00407	Cheese Burrata Black Truffle	12-4OZ	Lioni Latticini	Union, NJ
30206	Cheese, Cabra La Mancha	4.5 LB	Firefly Farms	Accident, MD
30204	Cheese, Merry Goat Round	6/10OZ	Mountain View Farm Products	Fairfield, VA
00404	Cheese Ciliegine Mozzarella	3 lb	Lioni Latticini	Union, NJ
30063	Cheese, Goat	4 LBS	Firefly Farms	Accident, MD
30079	Cheese, Marmac Cheddar	WHEEL	Mountain View Farm Products	Fairfield, VA
30085	Cheese, Mixed Wheels	10 LBS	Mountain View Farm Products	Fairfield, VA
00400	Cheese, Mozzarella 1LB	6/1 LB	Lioni Latticini	Union, NJ
00401	Cheese, Mozzarella 4OZ	3 LBS	Lioni Latticini	Union, NJ
00399	Cheese, Ricotta	6/3 LBS	Lioni Latticini	Union, NJ

Other Locally Produced Items

03160	Cider, Clear	4-1 GAL	McCutcheon Apple Prod.	Fredrick, MD
03165	Cider, Cloudy	4-1 GAL	McCutcheon Apple Prod.	Fredrick, MD
03167	Cider, Cloudy	12 PTS	McCutcheon Apple Prod.	Fredrick, MD
01101	Cider, Sparkling	12/750ML	McCutcheon Apple Prod.	Fredrick, MD
05041	Eggs, Cage Free	15 DOZEN	Martins Quality Eggs	Lititz, PA
05047	Quail Eggs	15 CT	KCC Natural Farms	Forestville, MD
05812	Honey, Clover	12/12OZ	Bubba's Sweet Nectar	Waynesboro, VA
05808	Honey, Clover	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05809	Honey, Wildflower	5 LBS	Bubba's Sweet Nectar	Waynesboro, VA
05804	Honey, Wildflower	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05815	Maple Syrup	1 GAL	Backbone Mtn	Garrett Co, MD
13040	Mushroom, Button	10 LBS	Davis Mushroom	Kennett SQ, PA
13055	Mushroom, Crimini	5 LBS	Davis Mushroom	Kennett SQ, PA
13075	Mushroom, Medium	10 LBS	Davis Mushroom	Kennett SQ, PA
13085	Mushroom, Oyster	5 LBS	Davis Mushroom	Kennett SQ, PA
13090	Mushroom, Portabello	5 LBS	Davis Mushroom	Kennett SQ, PA
13095	Mushroom, Shitaki	3 LBS	Davis Mushroom	Kennett SQ, PA
13097	Mushroom, Silver Dollar	10 LBS	Davis Mushroom	Kennett SQ, PA
90305	Mushroom, Sliced, 1/4"	10 LBS	Davis Mushroom	Kennett SQ, PA
13100	Mushroom, Special	3 LBS	Davis Mushroom	Kennett SQ, PA
81001	Peas, Frozen	20 LBS	Kern Farm	Monroeville, NJ

Local Products continued

16083	Peanuts, Salted Gourmet Tin	12/20OZ	Belmont Peanuts	Southhampton, VA
16085	Peanuts, Salted Gourmet Tin	6/38 OZ	Belmont Peanuts	Southhampton, VA
01288	Pears, Asian Dried	5 LB	Subarabshii Kudamono	Coopersburg, PA
16179	Pickle Spears	5 Gal	Kaplan & Zubrin Pickels	Camden, NJ
16180	Pickles, Deli (whole)	5 Gal	Kaplan & Zubrin Pickels	Camden, NJ
05811	Pollen, Bee	8 OZ	Rock Hill Honey Bees	Stafford, VA
19055	Tofu, Firm	12 LB	JC Bean Sprout	Springfield, VA



Vegetables		
Anise, Fennel Baby 24 ct	1024	\$ 33.45
Baby Artichokes	1135	\$ 64.60
Baby Brussel Sprouts	91615	\$ 38.45
Baby Candy Stripe Beets 24 bn	2106	\$ 40.55
Baby Gold Beets 24 bn	2105	\$ 40.50
Baby Iceberg	12197	\$ 47.35
Baby Red Beets 24 bn	2110	\$ 37.85
Baby Sunburst Squash	18205	\$ 31.35
Baby Turnips 24 bn	19200	\$ 37.40
Baby Zucchini 5#	22020	\$ 31.35
Chinese Long Beans Bu	2060	\$111.35
Colorful Cauliflower 6 ct	3104	\$ 31.05
Easter Radish 24 bn	17016	n/a
English Peas Bu	5060	\$ 87.75
Fava Beans	2065	\$ 63.50
Fennel Pollen 1oz Tin	6016	\$ 32.15
Local Squash, Zucchini	22014	\$ 19.50
Fingerling Potato Mixed 10#	16258	\$ 25.45
Fingerling Sweet Potato 10#	16246	\$ 29.90
Firecracker Mizuna 2#	12499	\$ 24.00
French Breakfast Radish 24 bn	17014	\$ 34.70
Holland Eggplant 11#	5012	\$ 35.85
Icicle Radishes Case	17019	\$ 30.60
Lettuce, Circus Frissee 3#	12142	\$ 30.45
Little Gem Lettuce	12202	\$ 35.75
Local Squash, Yellow	21012	\$ 19.50
Local Rhubarb	17102	#N/A
Mixd Baby Heirloom Tomatoes 12 Pt	19164	\$ 36.20
Mixed Baby Carrots w/tops 24 bn	3067	\$ 37.85
Okinawa Sweet Potatoes 30 #	16387	\$ 88.90
Purple Ninja Radish	17012	\$ 44.55
Purple Sweet Potato	16384	\$ 86.85
Red Holland Finger Peppers 10#	16127	\$ 40.20
Red Thai Peppers 5#	16178	\$ 77.75
Romanescu, Large 16 ct	3568	\$ 46.65
Salad Savoy 24 Ct	18015	\$ 38.95
Squash Blossoms 25 Ct	18156	\$ 22.15
Swiss Chard, Raindow	18217	\$ 32.95
Tuscan Kale 12 ct	3016	\$ 28.40
Vidalia Onions 40#	15060	\$ 36.45
Watermelon Radish 10#	4006	\$ 38.90
White Asparagus 11# <i>Peru</i>	1153	\$ 35.60
Wild Watercress 5#	20019	\$ 23.70
Organic		
Organic Basil 1#	2043	\$ 12.60
Organic Mesclun 3#	12176	CALL
Organic Milk Whole 6x1/2 gal	30109	\$ 31.39
Organic Spinach 4#	18142	\$ 17.80

Edible Flowers and Herbs		
Bay Leaves 1#	2054	\$ 21.45
Edible Confetti Tray	13008	\$ 20.50
Edible Marigold Tray	3163	\$ 19.15
Edible Viola 50 ct	15155	\$ 19.15
Lemon Thyme 1#	19053	\$ 22.00
Exotic Mushrooms		
Morel Mushrooms	13080	CALL
Hen of the Woods 3#	13066	\$ 48.25
Royal Trumpet Mushrooms 3#	13112	\$ 40.20
Woodear Mushrooms 5#	13107	CALL
Other Items		
Feta Cheese 20# <i>Mtn View Farm</i>	30065	\$151.40
Black Truffle Peelings 8.8 oz	19012	\$ 50.85
Dried Sesame Seed Hulled 5lb	16394	CALL
Fresh Water Chestnuts 10#	20002	\$ 59.90
<i>Local</i> Cage Free Eggs 15 doz	5041	\$ 63.25
<i>Local</i> Goat Cheese 6#	31004	CALL
<i>Local</i> Honey 1 Gallon	5804	\$ 67.00
Mozzarella Cheese 6-1lb	400	\$ 26.05
Pine Nuts 12/3oz	16103	\$ 49.65
Quail Eggs 15ea/pk	5047	\$ 8.40
Saffron 1 oz <i>Spain</i>	6017	\$ 68.35
Micro Greens, Tendrils & Shoots		
Corn Shoots 4 oz	3224	\$ 15.75
Micro Arugula 8 oz	3118	\$ 27.20
Micro Celery 8 oz	3116	\$ 27.20
Micro Cilantro 8 oz	3172	\$ 27.20
Gourmet Fruit		
Apricots Double Lay	1105	\$ 60.55
Local Tomatoes, Beefsteak	19143	\$ 34.55
Black Mission Figs	6009	\$ 44.35
Blood Oranges	10013	\$ 33.40
Canary Melons	3026	\$ 25.90
Cherries 11lb	3130	\$ 55.20
Dragon Fruit Case	91621	\$ 52.25
Galia Melon	3129	\$ 70.60
Gooseberries 12x1/2 pt	1066	\$ 78.65
Kumquats Case	1056	\$ 31.60
Local Tomatoes, Heirloom Mixed	19206	\$ 40.20
Local Peaches 25#	16030	\$ 57.90
Nectarines Double Layer	16050	\$ 37.65
Passion Fruit Case	16090	\$ 30.30
Peaches Double Layer	16175	\$ 33.40
Local Tomatoes, Cherry Mixed	19152	\$ 34.25
Rainer Cherries	8009	\$ 30.25
Red Plums	16205	\$ 49.85
Red Velvet Apricots	1171	\$ 39.15
Yellow Watermelon	11020	\$ 59.60

Please call sales rep for details, price, availability and pack size may change without notice.