

Produce Market Report August 14, 2018

GOOD BUYS FOR THE WEEK

Cantaloupes &

Honeydews: Extremely good buy now on west side melons. With the heat in California, everything ripened and you are the price/quality winners!



Strawberries &

Raspberries: Supplies out of mid-coast California are plentiful on both beautiful red berries!

Peaches, Nectarines,

Red & Black Plums: We are heading into the peak of the summer stone fruit season in California. The fruit is so ripe, the juice runs down your elbows!

Asparagus: Great quality on all sizes of domestic asparagus this week!

Artichokes: Unique opportunity to load up on "chokes" at a great price.

Cauliflower: Pristine quality and good prices continue.

Green Leaf, Red Leaf, Iceberg, Boston, Romaine:

The Salinas and Santa Maria weather has been sunny and dry. Perfect for pristine greens for summer salads!



Red & Yellow Peppers:

Excellent quality and prices on colorful peppers from SoCal.

Local Corner

Virginia

Sun Gold Cherry & Beefsteak Tomatoes— Lois Produce

Corn- Parker Farms

Zucchini & Yellow Squash- Parker Farms

Yellow, White & Donut Peaches-Crown

Red & Green Cabbage

Maryland

Eggplant—Arnold Farms

Zucchini & Yellow Squash

Cantaloupe— Schlagel

Cucumbers, Green Peppers

Bi-color & White Corn, Green Peppers-Godfrey

Pennsylvania

Yellow & Green Squash/ Cucumbers-Hess

This is the Week to Buy Local!

The peak of the local vegetable and fruit season is upon us, so if you want the freshest squash, cucumbers, tomatoes, corn, watermelon and peaches—act now! Godfrey 's Farm picks white and bi-color corn in the morning, we pick it up and it's at your door the next day! Tastes like heaven! Our friends at Hess Farms are also sending petite, crunchy pickle cukes and squash blossoms. Lois Produce in Virginia sends us their freshest beefsteak and cherry tomatoes!



GOOD BUYS

Cantaloupes & Honeydews

Strawberries & Raspberries

Peaches, Nectarines, Red & Black Plums

Asparagus

Artichokes

Cauliflower

Tomatoes

Zucchini & Yellow Squash

Green & Red Leaf, Romaine & Iceberg

Red, Yellow & Green Peppers

KEEP IN MIND

Grapes

Blueberries

Cherries

Bartlett Pears

Carrots

Baby Spinach, Spring Mix & Arugula

Brussels Sprouts

Green Onions & Parsley

WATCH

Avocados

Lemons & Limes

Bushel Beans

Broccoli & Crowns

Yukon Golds

Cilantro

KEEP IN MIND

Grapes: Gorgeous red, white and black grapes coming out of the vineyards of California with awesome color, texture and flavor now!

Blueberries: Full pints are running low so this week we will be shifting to 6 oz. packs.

Cherries: Winding down fast out of the Pacific Northwest.

Bartlett Pears: A harbinger of fall flavors and textures, these aromatic and sweet-tasting beauties are moving fast.



Carrots: Finally, a reprieve from the recent high prices as growers up north recover.

Baby Spinach, Spring Mix & Arugula: Nice quality and fairly good, steady pricing on these popular summer greens.

Brussels Sprouts: Year-round demand had driven prices up but now additional supplies out of California are good news!

Green Onions & Parsley: Prices continue to decline.

WATCH

Avocados: Prices have almost doubled again this week with shortages exacerbated by California's early season end and Mexico's new crop delayed.



Lemons: No relief in sight for the super high lemon market. According to one of our buyers, "Lemons are on fire!"

Limes: Similar sourcing problems which have plagued lemons all summer are affecting the lime market too.

Blackberries: With the local blackberry season over and California heat, supplies are tight.

Broccoli & Broccoli

Crowns: Prices are up at least \$10 on short supplies.

Bushel Beans: Severe shortages continue.

Yukon Gold Potatoes: No change in this market.

Cilantro: Too much heat in Santa Maria and Salinas has damaged delicate cilantro plants.

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Local Product List
 (Availability Subject to change)
 8/14/2018

Field Grown

02075	Beans, Bushel	BUSHEL	C&E Farms	Cheriton, VA
02090	Beans, Snipped	2/5#	C&E Farms	Cheriton, VA
03007	Cabbage, Red	50 LBS	Sunny Harvest	Kirkwood, PA
03029	Cantaloupe	6 CT	Godfrey Farms	Sudlersville, MD
03200	Collard Greens	15 LBS	Richardson Farms	White Marsh, MD
03216	Corn, Bicolor	48 CT	Godfrey Farms	Sudlersville, MD
03215	Corn, White	48 CT	Godfrey Farms	Sudlersville, MD
03220	Corn, Yellow	48 CT	Parker Farms	Oak Grove, VA
03245	Cucumbers, Pickeling	BUSHEL	Hess Farms	Waynesboro, PA
03250	Cucumbers	BUSHEL	Hess Farms	Waynesboro, PA
05005	Eggplant	BUSHEL	Hess Farms	Waynesboro, PA
03345	Honeydew	6 CT	Shlagel Farms	Waldorf, MD
11005	Kale	15 LBS	Richardson Farms	White Marsh, MD
13115	Mustard Greens	15 LBS	Richardson Farms	White Marsh, MD
16049	Peaches, Doughnut	2 Layer	Crown Orchard	Batesville, MD
16044	Peaches, Yellow	25 LBS	Spring Valley Orchard	Augusta, WV
16056	Peaches, White	2 Layer	Crown Orchard	Batesville, MD
16113	Peppers, Cubanelle	10 LBS	Shlagel Farms	Waldorf, MD
16139	Peppers, Green Choice	BUSHEL	Hess Farms	Waynesboro, PA
16158	Peppers, Suntan	BUSHEL	Shlagel Farms	Waldorf, MD
16380	Potatoes, Sweet #1	40 LBS	N. Ellis Produce	Faison, NC
16385	Potatoes, Sweet Jumbo	40 LBS	N. Ellis Produce	Faison, NC
07030	Squash, Goldbar	20 LBS	Hess Farms	Waynesboro, PA
21012	Squash, Yelllow	18 LBS	Shlagel Farms	Waldorf, MD
22014	Squash, Zucchini	18 LBS	Shlagel Farms	Waldorf, MD
19143	Tomatoes, Beefsteak	25 LBS	Godfrey Farms	Sudlersville, MD
19176	Tomatoes, Cherry Heirloom	12 PTS	Bay Water Greens	Salisbury, MD
19148	Tomatoes, Sungold Cherry	12 PTS	Tuscarora	Hustontown, Pa
20027	Watermelon, Yellow	EACH	Shlagel Farms	Waldorf, MD
20026	Watermelon, Red	EACH	Shlagel Farms	Waldorf, MD

Hydroponic

01117	Arrugula, Hydro Baby	2 LBS	Lakeville Specialty	Washingtonville, PA
03224	Corn Shoots	8 OZ	Arc Greenhouse	Vineland, NJ
18104	Pea Tendrels	4 OZ	Arc Greenhouse	Vineland, NJ
12170	Lettuce, Mache	2 LBS	Lakeville Specialty	Washingtonville, PA
12177	Lettuce, Mizuna	2 LBS	Lakeville Specialty	Washingtonville, PA
12284	Living Mixed Lettuces	12 CT	FreshH2O Growers	Stevensburg, VA

Local Products continued

19300	Upland Cress	2 LBS	Lakeville Specialty	Washingtonville, PA
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Local Cheeses

30075	Cheese, Lofton Colby	WHEEL	Mountain View Farm Products	Fairfield, VA
30065	Cheese, Feta	20 LBS	Mountain View Farm Products	Fairfield, VA
31004	Cheese, Goat	6 LBS	Cherry Glen Farm	Boysds, MD
30077	Cheese, Guda Lusk	WHEEL	Mountain View Farm Products	Fairfield, VA
30078	Cheese, Baby Swiss	WHEEL	Mountain View Farm Products	Fairfield, VA
30205	Cheese, Black and Blue	6 LBS	Firefly Farms	Accident, MD
30201	Cheese, Blue Mountain	6/9oZ	Firefly Farms	Accident, MD
00406	Cheese, Burrata con Panna	12-4OZ	Lioni Latticini	Union, NJ
00407	Cheese Burrata Black Truffle	12-4OZ	Lioni Latticini	Union, NJ
30206	Cheese, Cabra La Mancha	4.5 LB	Firefly Farms	Accident, MD
30204	Cheese, Merry Goat Round	6/10OZ	Mountain View Farm Products	Fairfield, VA
00404	Cheese Ciliegine Mozzarella	3 lb	Lioni Latticini	Union, NJ
30063	Cheese, Goat	4 LBS	Firefly Farms	Accident, MD
30079	Cheese, Marmac Cheddar	WHEEL	Mountain View Farm Products	Fairfield, VA
30085	Cheese, Mixed Wheels	10 LBS	Mountain View Farm Products	Fairfield, VA
00400	Cheese, Mozzarella 1LB	6/1 LB	Lioni Latticini	Union, NJ
00401	Cheese, Mozzarella 4OZ	3 LBS	Lioni Latticini	Union, NJ
00399	Cheese, Ricotta	6/3 LBS	Lioni Latticini	Union, NJ

Other Locally Produced Items

03160	Cider, Clear	4-1 GAL	McCutcheon Apple Prod.	Fredrick, MD
03165	Cider, Cloudy	4-1 GAL	McCutcheon Apple Prod.	Fredrick, MD
03167	Cider, Cloudy	12 PTS	McCutcheon Apple Prod.	Fredrick, MD
01101	Cider, Sparkling	12/750ML	McCutcheon Apple Prod.	Fredrick, MD
05041	Eggs, Cage Free	15 DOZEN	Martins Quality Eggs	Lititz, PA
05047	Quail Eggs	15 CT	KCC Natural Farms	Forestville, MD
05812	Honey, Clover	12/12OZ	Bubba's Sweet Nectar	Waynesboro, VA
05808	Honey, Clover	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05809	Honey, Wildflower	5 LBS	Bubba's Sweet Nectar	Waynesboro, VA
05804	Honey, Wildflower	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05815	Maple Syrup	1 GAL	Backbone Mtn	Garrett Co, MD
13040	Mushroom, Button	10 LBS	Davis Mushroom	Kennett SQ, PA
13055	Mushroom, Crimini	5 LBS	Davis Mushroom	Kennett SQ, PA
13075	Mushroom, Medium	10 LBS	Davis Mushroom	Kennett SQ, PA
13085	Mushroom, Oyster	5 LBS	Davis Mushroom	Kennett SQ, PA
13090	Mushroom, Portabello	5 LBS	Davis Mushroom	Kennett SQ, PA
13095	Mushroom, Shitaki	3 LBS	Davis Mushroom	Kennett SQ, PA
13097	Mushroom, Silver Dollar	10 LBS	Davis Mushroom	Kennett SQ, PA
90305	Mushroom, Sliced, 1/4"	10 LBS	Davis Mushroom	Kennett SQ, PA
13100	Mushroom, Special	3 LBS	Davis Mushroom	Kennett SQ, PA
81001	Peas, Frozen	20 LBS	Kern Farm	Monroeville, NJ

Local Products continued

16083	Peanuts, Salted Gourmet Tin	12/20OZ	Belmont Peanuts	Southhampton, VA
16085	Peanuts, Salted Gourmet Tin	6/38 OZ	Belmont Peanuts	Southhampton, VA
01288	Pears, Asian Dried	5 LB	Subarabshii Kudamono	Coopersburg, PA
16179	Pickle Spears	5 Gal	Kaplan & Zubrin Pickels	Camden, NJ
16180	Pickles, Deli (whole)	5 Gal	Kaplan & Zubrin Pickels	Camden, NJ
05811	Pollen, Bee	8 OZ	Rock Hill Honey Bees	Stafford, VA
19055	Tofu, Firm	12 LB	JC Bean Sprout	Springfield, VA



Vegetables		
Anise, Fennel Baby 24 ct	1024	\$ 33.05
Baby Artichokes	1135	\$ 43.65
Baby Brussel Sprouts	91615	\$ 37.60
Baby Candy Stripe Beets 24 bn	2106	\$ 40.30
Baby Gold Beets 24 bn	2105	\$ 40.65
Baby Iceberg	12197	\$ 47.05
Baby Red Beets 24 bn	2110	\$ 37.60
Baby Sunburst Squash	18205	\$ 32.35
Baby Turnips 24 bn	19200	\$ 36.15
Baby Zucchini 5#	22020	\$ 32.35
Chinese Long Beans Bu	2060	\$ 97.20
Colorful Cauliflower 6 ct	3104	\$ 29.60
Easter Radish 24 bn	17016	\$ 35.10
English Peas Bu	5060	\$ 66.90
Fava Beans	2065	\$ 60.60
Fennel Pollen 1oz Tin	6016	\$ 32.15
Local Squash, Zucchini	22014	\$ 19.50
Fingerling Potato Mixed 10#	16258	\$ 25.45
Fingerling Sweet Potato 10#	16246	\$ 30.45
Firecracker Mizuna 2#	12499	\$ 24.00
French Breakfast Radish 24 bn	17014	\$ 35.10
Holland Eggplant 11#	5012	\$ 35.85
Icicle Radishes Case	17019	\$ 30.60
Lettuce, Circus Frissee 3#	12142	\$ 29.85
Little Gem Lettuce	12202	\$ 35.60
Local Squash, Yellow	21012	\$ 19.50
Goldbar Squash	7030	\$ 25.45
Mixd Baby Heirloom Tomatoes 12 Pt	19164	\$ 36.20
Mixed Baby Carrots w/tops 24 bn	3067	\$ 37.50
Okinawa Sweet Potatoes 30 #	16387	\$ 90.10
Purple Ninja Radish	17012	\$ 44.20
Purple Sweet Potato	16384	\$ 88.60
Red Holland Finger Peppers 10#	16127	\$ 25.45
Red Thai Peppers 5#	16178	\$ 79.20
Romanescu, Large 16 ct	3568	\$ 46.40
Salad Savoy 24 Ct	18015	\$ 35.40
Squash Blossoms 25 Ct	18156	\$ 22.15
Swiss Chard, Raindow	18217	\$ 33.20
Tuscan Kale 12 ct	3016	\$ 28.40
Vidalia Onions 40#	15060	\$ 35.10
Watermelon Radish 10#	4006	\$ 34.50
White Asparagus 11# <i>Peru</i>	1153	\$ 29.90
Wild Watercress 5#	20019	\$ 24.15
Organic		
Organic Basil 1#	2043	\$ 11.95
Organic Mesclun 3#	12176	CALL
Organic Milk Whole 6x1/2 gal	30109	\$ 31.39
Organic Spinach 4#	18142	\$ 17.90

Edible Flowers and Herbs		
Bay Leaves 1#	2054	\$ 23.20
Edible Confetti Tray	13008	\$ 20.30
Edible Marigold Tray	3163	\$ 18.85
Edible Viola 50 ct	15155	\$ 19.10
Lemon Thyme 1#	19053	\$ 22.00
Exotic Mushrooms		
Morel Mushrooms	13080	CALL
Hen of the Woods 3#	13066	\$ 48.25
Royal Trumpet Mushrooms 3#	13112	\$ 40.20
Woodear Mushrooms 5#	13107	CALL
Other Items		
Feta Cheese 20# <i>Mtn View Farm</i>	30065	\$151.40
Black Truffle Peelings 8.8 oz	19012	\$ 51.10
Dried Sesame Seed Hulled 5lb	16394	CALL
Fresh Water Chestnuts 10#	20002	\$ 59.90
<i>Local</i> Cage Free Eggs 15 doz	5041	\$ 63.25
<i>Local</i> Goat Cheese 6#	31004	CALL
<i>Local</i> Honey 1 Gallon	5804	\$ 67.00
Mozzarella Cheese 6-1lb	400	\$ 26.05
Pine Nuts 12/3oz	16103	\$ 49.50
Quail Eggs 15ea/pk	5047	\$ 8.94
Saffron 1 oz <i>Spain</i>	6017	\$ 68.35
Micro Greens, Tendrils & Shoots		
Corn Shoots 4 oz	3224	\$ 15.75
Micro Arugula 8 oz	3118	\$ 27.15
Micro Celery 8 oz	3116	\$ 27.15
Micro Cilantro 8 oz	3172	\$ 27.15
Gourmet Fruit		
Apricots Double Lay	1105	\$ 60.55
Local Tomatoes, Beefsteak	19143	\$ 34.55
Black Mission Figs	6009	\$ 44.35
Blood Oranges	10013	\$ 33.40
Canary Melons	3026	\$ 25.90
Local, Canteloupe	3029	\$ 20.80
Dragon Fruit Case	91621	\$ 52.25
Local Peaches, White	16056	\$ 34.55
Gooseberries 12x1/2 pt	1066	\$ 90.05
Champagne Grapes	7115	\$ 63.00
Local Tomatoes, Heirloom Mixed	19206	\$ 40.20
Local Peaches 25#	16030	\$ 57.90
Nectarines Double Layer	16050	\$ 33.90
Passion Fruit Case	16090	\$ 30.30
Peaches Double Layer	16175	\$ 33.40
Local Tomatoes, Cherry Mixed	19152	\$ 34.25
Local Peaches, Doughnut	16049	\$ 33.30
Red Plums	16205	\$ 40.10
Red Velvet Apricots	1171	CALL
Local, Yellow Watermelon	20027	\$ 9.10

Please call sales rep for details, price, availability and pack size may change without notice.