

Produce Market Report September 25 2018

### GOOD BUYS FOR THE WEEK



#### Peaches, Nectarines & Red & Black Plums:

We still have lots of California stone fruit. Peaches are deliciously juicy and ripe. Nectarines and plums flowing in nicely too as season begins to wind down. (Local peach season is over but Crown Orchards in Charlottesville is gearing up for apples!) grace your table.

**Avocados:** The quality is still excellent from Mexico with pale green, buttery texture and great flavor. Prices are on the decline.

**Grapes:** The grape harvest from California vineyards is overflowing this year and we are proud to ship gorgeous red seedless, white, black globe and lunch bunch grapes. (Struggling to source good champagne grapes, tho.)



**Leafy Greens:** Green leaf, red leaf, romaine and iceberg all fine quality and good prices.

**Cauliflower:** Health conscious diners will clamor for beautiful, inexpensive cauliflower this week!

**Norkotah Potatoes:** New crop Idaho Potatoes!

#### Local Corner

Pennsylvania	Maryland
Pumpkins, Butternut & Acorn Squash	Mixed Cherry Tomatoes
Cucumbers	Cherry Heirloom Tomatoes
Pickling Cucumbers	Zucchini & Yellow Squash
Eggplant	<u>Virginia</u>
Heirloom Tomatoes	Bushel Beans
Cherry Heirloom Tomatoes	<u>W. Virginia</u>
	Beefsteak Tomatoes

### Local Pumpkins & Squashes are Here!

Fall is in the air and our friends in Pennsylvania are starting to send us their biggest and best pumpkins, butternut, acorn and delicata squash items for your pleasure! The savory and satisfying taste of a buttery, creamy soup made with butternut or acorn squash is the first signal of cooler days. Beautiful variegated delicata is a crowd pleaser too!



#### GOOD BUYS

Peaches, Nectarines & Plums

Avocados

Grapes

Leafy Greens

Cauliflower

Idaho Potatoes

#### KEEP IN MIND

Pumpkins & Hard Squashes

Cantaloupes & Honeydews

Pears

Blueberries

Raspberries

Blackberries

Lemons

Asparagus

Broccoli

#### WATCH

Strawberries

Small Size Oranges

Green Beans

Zucchini & Yellow Squash

Kale, Collard & Mustard Greens

Napa Cabbage & Bok Choy

Most Local Veg

### KEEP IN MIND

#### Cantaloupes & Honeydews:

Still great flavor and ripeness from the west side!



**Pears:** Half-box red pears as well as bartletts, boscs, comice, forelle and local Asian pears are hot items in the facility this week. Don't be disappointed. Order today!

**Blueberries:** Still all from Peru with outstanding quality in 6 oz. containers.

**Raspberries:** All beautiful Driscolls from California protected under the growing hoods.

**Blackberries:** Washington finished; now from Mexico.

**Lemons:** New crop from Arizona and S. California has driven prices to normal levels.

**Asparagus:** Pricing has leveled out but jumbo size is still high.

**Broccoli & Broccoli Crowns:** Steady prices on good quality from California.

### WATCH

#### Hurricane Update:

Hurricane Florence has delivered a devastating blow to the agriculture industry throughout the Carolinas. We will continue to keep you updated on market conditions throughout the region. Growers are assessing damage at this point and we are sourcing now from Georgia and Pa.

**Strawberries:** Typically of the fall season, supplies of berries out of California tighten up. Both Driscolls and consumer brands are up.

#### Small Size Oranges:

School demand is still outstripping supplies of small sizes including 88's 113's and 138's.

**Green Beans:** Prices spiked way up due to severe weather. Quality is still good, however.

#### Zucchini & Yellow Squash:

Continued shortages due to rain impact markets.

#### Kale, Collard & Mustard Greens:

Very active market not showing any signs of coming down any time soon.

#### Napa Cabbage & Bok Choy:

Prices almost doubled in one week on these veggies.

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## Local Product List

(Availability Subject to change)

9/25/2018

01079 Apples, Honeycrisp  
 02227 Apples, Gala  
 01064 Apples, Jonathan  
 02119 Beets  
 02075 Beans, Bushel  
 03200 Collard Greens  
 03216 Corn, Bicolor  
 03215 Corn, White  
 03220 Corn, Yellow  
 03250 Cucumbers  
 05005 Eggplant  
 13115 Mustard Greens  
 16139 Peppers, Green Choice  
 16234 Pears, Asian  
 16227 Pears, Bosc  
 16380 Potatoes, Sweet #1  
 16385 Potatoes, Sweet Jumbo  
 16408 Pumpkin, Small (10#)  
 16405 Pumpkin, Med (15#)  
 16400 Pumpkin, Large (20-25#)  
 16410 Pumpkin, Spookie/Pie  
 01005 Squash, Acorn  
 01007 Squash, Acorn White  
 02011 Squash, Carnival  
 02155 Squash, Butternut  
 18125 Squash, Spaghetti  
 21012 Squash, Yellow  
 22014 Squash, Zucchini  
 19190 Turnip Greens  
 19143 Tomatoes, Beefsteak

### Field Grown

CASE Hess Farms Waynesboro, PA  
 125 CT Crown Orchard Batesville, VA  
 BUSHEL Crown Orchard Batesville, VA  
 25 LBS Lancaster Farm Fresh Lancaster, PA  
 BUSHEL C&E Farms Cheriton, VA  
 15 LBS Richardson Farms White Marsh, MD  
 48 CT Godfrey Farms Sudlersville, MD  
 48 CT Godfrey Farms Sudlersville, MD  
 48 CT Parker Farms Oak Grove, VA  
 BUSHEL Hess Farms Waynesboro, PA  
 BUSHEL Hess Farms Waynesboro, PA  
 15 LBS Richardson Farms White Marsh, MD  
 BUSHEL Hess Farms Waynesboro, PA  
 Single Layer Mountain View Orchard Stafford, VA  
 100-135CT Tuscarora Farms Hustontown, PA  
 40 LBS N. Ellis Produce Faison, NC  
 40 LBS N. Ellis Produce Faison, NC  
 EACH Hess Farms Waynesboro, PA  
 EACH Hess Farms Waynesboro, PA  
 EACH Hess Farms Waynesboro, PA  
 BUSHEL Hess Farms Waynesboro, PA  
 BUSHEL Hess Farms Waynesboro, PA  
 BUSHEL Shlagel Farms Waldorf, MD  
 BUSHEL Shlagel Farms Waldorf, MD  
 BUSHEL Arnold Farm Chestertown, MD  
 40 LBS Arnold Farm Chestertown, MD  
 18 LBS Shlagel Farms Waldorf, MD  
 18 LBS Shlagel Farms Waldorf, MD  
 15 LBS Richardson Farms White Marsh, MD  
 25 LBS Shlagel Farms Augusta, WV

### Hydroponic

01117 Arugula, Hydro Baby 2 LBS Lakeville Specialty Washingtonville, PA  
 03224 Corn Shoots 8 OZ Arc Greenhouse Vineland, NJ  
 18104 Pea Tendrels 4 OZ Arc Greenhouse Vineland, NJ  
 12170 Lettuce, Mache 2 LBS Lakeville Specialty Washingtonville, PA  
 12177 Lettuce, Mizuna 2 LBS Lakeville Specialty Washingtonville, PA  
 12284 Living Mixed Lettuces 12 CT FreshH2O Growers Stevensburg, VA  
 19300 Upland Cress 2 LBS Lakeville Specialty Washingtonville, PA

## Local Products continued . . . .

### Local Cheeses

30075	Cheese, Lofton Colby	WHEEL	Mountain View Farm Products	Fairfield, VA
30065	Cheese, Feta	20 LBS	Mountain View Farm Products	Fairfield, VA
31004	Cheese, Goat	6 LBS	Cherry Glen Farm	Boyd's, MD
30077	Cheese, Guda Lusk	WHEEL	Mountain View Farm Products	Fairfield, VA
30078	Cheese, Baby Swiss	WHEEL	Mountain View Farm Products	Fairfield, VA
30205	Cheese, Black and Blue	6 LBS	Firefly Farms	Accident, MD
30201	Cheese, Blue Mountain	6/9oz	Firefly Farms	Accident, MD
00406	Cheese, Burrata con Panna	12-4OZ	Lioni Latticini	Union, NJ
00407	Cheese Burrata Black Truffle	12-4OZ	Lioni Latticini	Union, NJ
30206	Cheese, Cabra La Mancha	4.5 LB	Firefly Farms	Accident, MD
30204	Cheese, Merry Goat Round	6/10OZ	Mountain View Farm Products	Fairfield, VA
00404	Cheese Ciliegine Mozzarella	3 lb	Lioni Latticini	Union, NJ
30063	Cheese, Goat	4 LBS	Firefly Farms	Accident, MD
30079	Cheese, Marmac Cheddar	WHEEL	Mountain View Farm Products	Fairfield, VA
30085	Cheese, Mixed Wheels	10 LBS	Mountain View Farm Products	Fairfield, VA
00400	Cheese, Mozzarella 1LB	6/1 LB	Lioni Latticini	Union, NJ
00401	Cheese, Mozzarella 4OZ	3 LBS	Lioni Latticini	Union, NJ
00399	Cheese, Ricotta	6/3 LBS	Lioni Latticini	Union, NJ

### Other Locally Produced Items

03160	Cider, Clear	4-1 GAL	McCutcheon Apple Prod.	Fredrick, MD
03165	Cider, Cloudy	4-1 GAL	McCutcheon Apple Prod.	Fredrick, MD
03167	Cider, Cloudy	12 PTS	McCutcheon Apple Prod.	Fredrick, MD
01101	Cider, Sparkling	12/750ML	McCutcheon Apple Prod.	Fredrick, MD
05041	Eggs, Cage Free	15 DOZEN	Martins Quality Eggs	Lititz, PA
05047	Quail Eggs	15 CT	KCC Natural Farms	Forestville, MD
05812	Honey, Clover	12/12OZ	Bubba's Sweet Nectar	Waynesboro, VA
05808	Honey, Clover	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05809	Honey, Wildflower	5 LBS	Bubba's Sweet Nectar	Waynesboro, VA
05804	Honey, Wildflower	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05815	Maple Syrup	1 GAL	Backbone Mtn	Garrett Co, MD
13040	Mushroom, Button	10 LBS	Davis Mushroom	Kennett SQ, PA
13055	Mushroom, Crimini	5 LBS	Davis Mushroom	Kennett SQ, PA
13075	Mushroom, Medium	10 LBS	Davis Mushroom	Kennett SQ, PA
13085	Mushroom, Oyster	5 LBS	Davis Mushroom	Kennett SQ, PA
13090	Mushroom, Portabello	5 LBS	Davis Mushroom	Kennett SQ, PA
13095	Mushroom, Shitaki	3 LBS	Davis Mushroom	Kennett SQ, PA
13097	Mushroom, Silver Dollar	10 LBS	Davis Mushroom	Kennett SQ, PA
90305	Mushroom, Sliced, 1/4"	10 LBS	Davis Mushroom	Kennett SQ, PA
13100	Mushroom, Special	3 LBS	Davis Mushroom	Kennett SQ, PA
81001	Peas, Frozen	20 LBS	Kern Farm	Monroeville, NJ
16083	Peanuts, Salted Gourmet Tin	12/20OZ	Belmont Peanuts	Southampton, VA
16085	Peanuts, Salted Gourmet Tin	6/38 OZ	Belmont Peanuts	Southampton, VA
01288	Pears, Asian Dried	5 LB	Subarabshii Kudamono	Coopersburg, PA

## Local Products continued . . . .

16179	Pickle Spears	5 Gal	Kaplan & Zubrin Pickels	Camden, NJ
16180	Pickles, Deli (whole)	5 Gal	Kaplan & Zubrin Pickels	Camden, NJ
05811	Pollen, Bee	8 OZ	Rock Hill Honey Bees	Stafford, VA
19055	Tofu, Firm	12 LB	JC Bean Sprout	Springfield, VA



<b>Vegetables</b>		
Anise, Fennel Baby 24 ct	1024	\$ 33.35
Baby Artichokes	1135	\$ 44.35
Baby Brussel Sprouts	91615	\$ 37.55
Baby Candy Stripe Beets 24 bn	2106	\$ 41.45
Baby Gold Beets 24 bn	2105	\$ 41.40
Baby Iceberg	12197	\$ 45.15
Baby Red Beets 24 bn	2110	\$ 37.45
Baby Romanescu 24ct	3096	\$ 43.10
Baby Sunburst Squash	18205	\$ 34.70
Baby Turnips 24 bn	19200	\$ 59.95
Baby Zucchini 5#	22020	\$ 34.70
Chinese Long Beans Bu	2060	\$ 86.55
Colorful Cauliflower 6 ct	3104	\$ 29.85
Easter Radish 24 bn	17016	\$ 34.45
English Peas Bu	5060	\$109.95
Fava Beans	2065	\$ 61.30
Fennel Pollen 1oz Tin	6016	\$ 32.15
Fingerling Potato Mixed 10#	16258	\$ 25.45
Fingerling Sweet Potato 10#	16246	\$ 30.40
Firecracker Mizuna 2#	12499	\$ 24.00
French Breakfast Radish 24 bn	17014	\$ 35.20
Holland Eggplant 11#	5012	\$ 43.40
Icicle Radishes Case	17019	\$ 30.60
Lettuce, Circus Frissee 3#	12142	\$ 28.80
Little Gem Lettuce	12202	\$ 41.95
Micro Sakura Cress 2#	91622	\$ 28.40
Mixd Baby Heirloom Tomatoes 12 Pt	19164	\$ 32.15
Mixed Baby Carrots w/tops 24 bn	3067	\$ 38.75
Okinawa Sweet Potatoes 30 #	16387	\$ 97.10
Peppers, Scotch Bonnet 10lb	1656	\$ 25.40
Purple Ninja Radish	17012	\$ 45.45
Purple Sweet Potato	16384	\$ 98.10
Red Holland Finger Peppers 10#	16127	\$ 25.45
Red Thai Peppers 5#	16178	\$ 78.50
Romanescu, Large 16 ct	3568	\$ 45.45
Salad Savoy 24 Ct	18015	\$ 35.55
Squash Blossoms 25 Ct	18156	\$ 22.15
Sweet Onion Peru	15037	\$ 36.45
Swiss Chard, Raindow	18217	\$ 39.15
Tuscan Kale 12 ct	3016	\$ 29.15
Watermelon Radish 10#	4006	\$ 34.50
White Asparagus 11# Peru	1153	\$ 31.50
Wild Watercress 5#	20019	\$ 23.10
<b>Organic</b>		
Organic Basil 1#	2043	\$ 12.15
Organic Mesclun 3#	12176	CALL
Organic Milk Whole 6x1/2 gal	30109	\$ 31.39
Organic Spinach 4#	18142	\$ 18.40

<b>Edible Flowers and Herbs</b>		
Bay Leaves 1#	2054	\$ 22.95
Edible Confetti Tray	13008	\$ 20.35
Edible Marigold Tray	3163	\$ 18.85
Edible Viola 50 ct	15155	\$ 18.90
Lemon Thyme 1#	19053	\$ 22.00
<b>Exotic Mushrooms</b>		
Chantrelle Mushrooms 5#	13050	CALL
Hen of the Woods 3#	13066	\$ 48.25
Royal Trumpet Mushrooms 3#	13112	\$ 40.20
Woodear Mushrooms 5#	13107	CALL
<b>Other Items</b>		
Feta Cheese 20# Mtn View Farm	30065	\$151.40
Black Truffle Peelings 8.8 oz	19012	\$ 50.80
Dried Sesame Seed Hulled 5lb	16394	CALL
Fresh Water Chestnuts 10#	20002	\$ 59.90
Local Cage Free Eggs 15 doz	5041	\$ 63.25
Local Goat Cheese 6#	31004	CALL
Local Honey 1 Gallon	5804	\$ 67.00
Mozzarella Cheese 6-1lb	400	\$ 26.05
Pine Nuts 12/3oz	16103	\$ 50.10
Quail Eggs 15ea/pk	5047	\$ 8.40
Saffron 1 oz Spain	6017	\$ 68.35
<b>Micro Greens, Tendrils &amp; Shoots</b>		
Corn Shoots 4 oz	3224	\$ 15.75
Micro Arugula 8 oz	3118	\$ 26.95
Micro Celery 8 oz	3116	\$ 27.05
Micro Cilantro 8 oz	3172	\$ 26.95
<b>Gourmet Fruit</b>		
Local Honeycrisp	1079	\$ 54.85
Apples, Macintosh	1060	\$ 43.15
Apples, Pink Lady	1054	\$ 55.90
Local Asian Pears 1 Layer	16234	\$ 29.60
Black Mission Figs	6009	\$ 44.35
Murcott, Tangerine 1/2 Bushel	19011	\$ 59.10
Concord Grapes	7111	CALL
Dragon Fruit Case	91621	\$ 52.25
Forelle Pears 2/5 Bushel	16088	CALL
Gooseberries 12x1/2 pt	1066	\$ 74.25
Kiwifruit, Golden	11012	\$ 47.90
Seckle Pears 2/5 Bushel	16095	\$ 24.40
Local Tomatoes, Beefsteak	19143	\$ 34.55
Nectarines Double Layer	16050	\$ 38.10
Papaya, Hawaiian	16010	\$ 35.40
Passion Fruit Case	16090	\$ 36.45
Red Pears	16090	\$ 36.45
Red Plums	16205	\$ 36.35
Pomegranates 1 Layer	16210	\$ 61.90
Blood Oranges Australia	15090	\$ 38.05

**Please call sales rep for details, price, availability and pack size may change without notice.**