RODUCE & GOURMET

Geed Buys

APPLES

It's not too late to try the delectable and beautiful Pink Lady Apples from Crown Orchards! But don't forget crunchy, fresh and delicious Fuji, Gala and Red Delicious apples. Bear Mountain Orchards in Pennsylvania is sending Mutsu Apples. Developed in Japan, these Gold Delicious apples are sweet, slightly tart, firm and crisp. Best for snacking, pies and baking.

BLACKBERRIES

Deep color and juicy berries from Mexico. These are your best buys among our colorful array of berries.

PEARS

Don't forget to add luscious pears to your order this week! Good availability continues for D'Anjous, boscs, bartletts and the little gem pears like forelles, seckles, and comice.

MARKETNOTES

PRODUCE MARKET REPORT DECEMBER 3, 2018

ROMAINE UPDATE

The CDC and FDA have linked the Romaine E. coli Advisory to the growing regions of Northern and Central California. They have confirmed that it is safe to consume romaine and romaine products harvested the Imperial Coast, Florida, Mexico, Arizona, and greenhouses.



LIMES

Citrus has officially started to brighten up the winter months! With limes performing well in the market, now is the perfect time to feature limes on your menu.

GRAPES

Quality is abundant from California for both red seedless and white grapes.

ASPARAGUS

Peru has begun shipping outstanding asparagus in large volumes.

ZUCCHINI

delivering on every detail

These fast-growing vegetables are experiencing great weather in Florida.

GREEN BEANS

Thanksgiving demand has subsided for both bushel and snipped beans.

PEAK SEASON

SATSUMA MANDARINS

Shipped with the green leaves and stems attached, the Satsuma Mandarin, our December Fruit of the Month, is a gorgeous piece of fruit. It is one of the sweetest citrus varieties with a tender texture; don't let the holiday season pass you by without trying Satsuma Mandarins!

TANGERINES

Sunburst Tangerines are now available; these are strikingly beautiful and easy to peel.

CLEMENTINES

Clementines are coming in great quality and quantity now from Spain.

GRAPEFRUIT

Tart-sweet juicy goodness and dark ruby red color are driving robust grapefruit purchases this week from Florida and Texas.

AVOCADOS

The market is starting to recover from the strike that took place in Mexico.

RASPBERRIES AND BLUEBERRIES

Quality and availability are very good for raspberries. Multiple sources on blues (Peru, Argentina, Chile, Mexico and South Africa) have led to a plentiful supply.

GREEN ONIONS

Conditions continue to improve with steady supplies.

RED PEPPERS

Cool nights in western growing areas have slowed growth leading to shortages.

CELERY

Now that Thanksgiving is behind us, the celery market is back to normal.



Imperial Valley and Yuma growers have been approved by the CDC and FDA to provide romaine products. Unfortunately, they cannot fill all the demand. Iceberg, green leaf, red leaf, Boston and all salad mixes have tripled in price as a result. In addition, cool nights in Coachella and Yuma have slowed growth considerably, compounding the shortages. Further problems for baby spinach, de-stemmed spinach, mesculin, and arugula.

BROCCOLI, BROCCOLI

CROWNS & CAULIFLOWER

Cooler nights on the west coast have affected all raw product.

GREEN CABBAGE

New York growers are depleting their supply and Georgia is not ready yet.

TOMATOES

Cold and wet weather in Mexico has delayed our supply of tomatoes that are typically coming in right now.

CANTALOUPES

Guatemala and Honduras have sent good quality but not enough supply. STRAWBERRIES

Cool, rainy weather in Oxnard, Santa Maria and Baja, Mexico is affecting strawberry production in all growing areas.

KALE, MUSTARD GREENS & TURNIP GREENS

Local farms have been wiped out by cold temperatures and Texas and Georgia have not started production.



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