



GOOD BUYS

HONEYBELLS

The much anticipated Honeybells are arriving from Florida. Similar to a tangelo in taste and slightly smaller than a grapefruit, honeybells are extremely juicy. They're only in-season 2 months of the year, so make sure you add this exceptional product to your menu!

AVOCADOS

Strong quality continues to be sent from Mexico with plentiful supplies after the Super Bowl demand.

CITRUS

Florida is sending delicious tangerines and Minneola Tangelos. Navel, Cara Cara, Blood Oranges, and our Fruit of the Month from Sunkist in California. Lemons are steady and limes are leveling with good quality from Mexico.

BERRIES

Blueberries from Chile and Peru with good quality. Blackberries and raspberries from Mexico with good quality and availability.



SUNKIST DELITE MANDARINS

Sunkist Delite Mandarins are fresh picked in California. They're sweet, juicy, seedless, and easy-to-peel. A great source of Vitamin C to keep up with your New Years resolutions! Slice, peel, garnish, char, juice, marinate, zest! Show us how you use these DELITES!

STONE FRUIT

It's currently summer in Chile, which means high quality stone fruits are available! We have beautiful apricots and nectarines in, as well as black plums and yellow peaches available to order.

ONIONS

Strong quality on all onions, with sweet onions coming from Peru. Did you know our in-house pre-cut facility will cut onions for you? This includes diced, slices, and rings.

TOMATOES

Excellent quality for vine ripe, rounds, and romas from Mexico in ample supplies. Good quality and reasonable prices for cherry and grape tomatoes.



PEAK SEASON

RED CURRANTS

Red Currants from Chile have started to come in as their two-week transition gap is now over.

ASPARAGUS

Growing regions have fully transitioned from Peru to Mexico with new crops trickling in with great quality. Jumbo asparagus remains active.

BELL PEPPERS

Excellent quality and availability for red and yellow. However, green peppers continue to be active due to weather and short supply. Long-stem strawberries have just arrived, perfect for Valentine's Day! Place orders in advance to ensure supplies. Consumer strawberries are returning to normal market levels with good supply and quality.

ARTICHOKES

Steady market for artichokes coming from California, we also carry baby artichokes and sunchokes!

LEAFY GREENS

Overall, good market with no issues in sight. Product may have some quality issues due to the cold weather in California a few weeks ago.

BROCCOLI & CAULIFLOWER

More availability for broccoli and quality is excellent for cauliflower.

GRAPES

The transition to Chilean markets is going smoothly, plenty of supply of red grapes.

GREEN ONIONS, CILANTRO, AND LEEKS

Green onion and leek market is settling down from the previous week. Cilantro is also coming off a little.

ALERT

RED KALE

Red Kale is in extremely short supply now and for the next few weeks, specifically with our B&W brand. Major rain has completely wiped out the product. We suggest using their Power 4 Blend, Watercress, or Cleaned Arugula instead.

STRAWBERRIES

Valentine's Day demand has caused strawberries to move into our alert column. Lots of rain and cool weather in both Florida and California effecting both regular and long-stem strawberries.

KALE & OTHER GREENS

The market has seemed to reach its peak and we will start seeing better supplies and prices. Collard and mustard green markets are also improving as Florida sends more.

BUSHEL JALAPEÑOS

The market is starting to level off compared to the week prior as Mexico has had better weather.

YELLOW & WHITE CORN

The arctic weather has pushed into Florida, causing harvests to be short and sizing to be small. Demand exceeds supply creating a very active market.

CELERY

Super Bowl demands coupled with rainy weather has caused light supplies and sizing issues among domestic availability.

CABBAGE

Green and red cabbage continues to be a tight market as Florida has cooler weather.

MELONS

Honeydews and Cantaloupes are lowering in price, watermelons remain tight.

