

 **GOOD BUYS**

**CITRUS**

Blood oranges, mandarins with stem and leaf, navel oranges, and cara cara oranges from California with excellent quality. Valencia variety of juicing oranges from Florida with excellent yield and sugar content. Grapefruits from Texas and Florida and Clementines from Morocco. Lemons with good quality from California.

**BLACK MISSION FIGS**

Beautiful and delicious figs are now in from Mexico!

**STONE FRUIT**

We have beautiful nectarines, black plums, and yellow peaches from Chile.

**BEANS**

Bushel beans arriving nicely from Florida, with no issues in sight. French beans from Guatemala are also great quality.

**MANGOES**

Tommy Atkins variety of mangoes from Mexico just started with great quality.

**PEAK SEASON ITEMS JUST IN**

Spring is here and that means produce is popping up all over! We have deliciously sweet Vidalia Onion Bulbs from Georgia and hot-house Richter Rhubarb from Washington. The bulbs are perfect for grilling or eating raw. The rhubarb has a great ruby hue for a pop of color.

**GREEN ONIONS, CILANTRO, LEEKS & PARSLEY**

Supply, quality, and demand are all good for green onions coming out of Mexico. Cilantro, leeks, and parsley are all steady.

**ARTICHOKES**

Plenty of delicious artichokes with all sizes available, perfect for roasting or steaming. Add a pop of deep magenta to a plate with beautiful Baby Tempo Artichokes from our friends at Babé Farms

**ASPARAGUS**

All sizes of asparagus are available from Mexico. Sauté with delicious Spanish olive oil and California garlic for a side dish.



*delivering on every detail*

 **PEAK SEASON**

**BERRIES**

Florida is decreasing volumes of strawberries as harvest transition to California, quality is still good with steady prices. Blueberries from Chile, Peru, and Mexico with good quality, the market will soon transition to Florida. Blackberries and Raspberries from Mexico with good quality and no issues in site.

**BROCCOLI**

The quality has improved as the weather warms up, but market still remains tighter than normal.

**AVOCADOS**

Avocados have become slightly active due to weather related issues. All sizes of avocados are available with excellent quality.

**PINEAPPLES**

Pineapples are delicious from the Central America region. They will become more active as Easter approaches.

**GRAPES**

Good availability on grapes from Chile, with excellent quality

**MELONS**

Honeydews have better availability and quality. Cantaloupes have become slightly active. Watermelons from Mexico have good quality.

**CABBAGE**

Cabbage has become more readily available as Florida and Georgia harvests pick up.

**LEAFY GREENS**

Iceberg is still slightly active with low supplies available due to rain. Green and Red Leaf and Romaine have steady supplies, and better quality. These will start to transition beginning o April to the Salinas Valley in California.

**CELERY**

There is no end in sight yet for the record breaking celery shortage and prorates. There is very low volume available and sizing continues to be an issue.

**BROCCOLINI**

Aspiration broccolini remains extremely tight for the past few weeks. We had anticipated it to improve, but it unfortunately has not and will not get better for the next few weeks. Availability is extremely low.

**LIMES**

Limes are in low supplies due to rain and crossing conflicts at the border. Quality is good though.

**ONIONS**

Jumbo white onions are very active. We are finishing up an old crop in Idaho and Oregon and will transition to a new crop from Mexico, Texas, and new Mexico.

**BABY VEG**

Beets and radishes from California continue to be in short supply. We suggest adding in romanesco for a spunky alternative!

**BELL PEPPERS**

Peppers are coming down as weather warms up. Yellows are improving with reds to follow soon. Green and suntan peppers are also improving.

**CAULIFLOWER**

This volatile market item is back on our alert list due to weather.

**TOMATOES**

All varieties of tomatoes has started to become active, especially rounds and romas. Baby heirlooms are readily available.

