



GOOD BUYS

STONE FRUIT

Delicious yellow peaches, nectarines, and apricots from California. Black plums still coming from Chile and will transition to California red plums soon.

BERRIES

Delicious local strawberries from our friends at Shlagel Farms. We foresee potential issues with California strawberries due to heavy rains. Raspberries are steady with good quality. New crop jumbo blueberries from Georgia and will soon transition to the Carolinas. Blackberries will transition to Georgia soon.

ZUCCHINI & CUCUMBERS

New crops out of Georgia with excellent quality and availability.

LOCAL GREENS

Richardson Farms has begun their bountiful supplies of greens: kale, collard, turnip and mustard! Excellent quality and taste. #supportlocal

MARKETNOTES

PRODUCE MARKET REPORT

MAY 20, 2019

MAY FRUIT OF THE MONTH

FORELLE PEARS

These bite-sized delights are distinguished by their green to yellow skin with red speckling ripening process. They have a naturally sweet flavor that's perfect as is or for a watercress salad, paired with Greek yogurt and local honey, or baked in a pastry!



PEAK SEASON

CITRUS

Star-Ruby Grapefruits from California and Florida with excellent quality. Cara Cara and Gold Nuggets are finishing their seasons. Navel oranges will soon transition to the Valencia variety in California. Lemons are slightly active for the smaller sizes since summer is right around the corner.

ASPARAGUS

Washington is in full swing. Local asparagus also available with great quality.

GREENS

All leafy greens (romaine, red leaf, green leaf, iceberg) are steady and with good quality.

GREEN ONIONS, CILANTRO, LEEKS & PARSLEY

Green onions and leeks are in great supply. There may be some supply issues with cilantro due to California rains. Shortages in Italian parsley due to transitions of growing regions.

PEPPERS

Red and yellow peppers are leveling off; all peppers will soon fully transition to domestic growers with some gapping predicted.

ONIONS

New crop from Texas is starting with good quality. Vidalia onions are also available with excellent quality!

CHERRIES

Rain in California is causing the first of the season cherries to split. We are about 2-3 weeks out from Washington's crop starting.

MELONS

Cantaloupes have more availability and quality. Honeydew is also transitioning, but with good supplies.

LOCAL CORNER

VIRGINIA

Green Onions | Kirby Farms
Bushel Beans | C&E Farms

MARYLAND

Variety of Tomatoes | Hummingbird Farms
Asparagus | Shlagel + Godfrey Farms
Strawberries | Shlagel
Spring Garlic | Nature's Garlic Farm

NORTH CAROLINA

Sweet Potatoes | Scott Farms, Wood Packing House + Eastern Carolina Organics

PENNSYLVANIA

Rhubarb | Tuscarora

ALERT

CELERY

Celery remains extremely active with less volume available. This is also affecting processed celery items.

BRUSSEL SPROUTS

Very light availability and supply shortages.

BROCCOLI, CAULIFLOWER & BROCCOLINI

Broccolini is in a critical state again as demand far exceeds supplies. Broccoli and Cauliflower are also both still fairly active.

AVOCADOS

Demand exceeds supplies as Mexico is winding down in one area and California isn't ready yet. Quality is excellent though.

