

keany

PRODUCE & GOURMET



GOOD BUYS

STONE FRUIT

Excellent time for stone fruit - add peaches, apricots, red velvet apricots, red plums, and nectarines to your order. Local nectarines and white, yellow, and doughnut peaches are also available.

CHERRIES

Cherries have never been better! Beautiful Bing Cherries from Washington; Raniers available with one-day notice.

BROCCOLI & CAULIFLOWER

Supplies are steady and quality is good.

GREENS

Beautiful kale, collard and mustard greens from Richardson Farms.

ARTICHOKES

Stuff 'em, grill 'em, boil 'em! Whatever you do, they'll be excellent!

ZUCCHINI & SQUASH

Local zucchini supplies and quality are outstanding; yellow squash supplies are tighter.

MARKETNOTES

PRODUCE MARKET REPORT

JULY 15, 2019

JULY FRUIT OF THE MONTH

We are celebrating stone fruit two months in a row! Known for their dark red, smooth exterior and juicy yellow interior, Red Velvet Apricots from California is our July Fruit of the Month. These are a delicious hybrid of apricots and plums. Perfect with goat cheese, in a salad, or in a fruit tart!

MANGO

Tasty mangoes from Mexico are perfect for a summer cocktail.

GRAPES

Excellent red and green grapes available. Champagne grapes are the perfect addition to a charcuterie board.

FIGS

Beautiful black mission figs are available in pints from Arizona.

MELONS

Excellent quality for both cantaloupes and honeydew. Yellow-flesh and seedless watermelons are in stock!

PEAK SEASON

CORN

Corn supplies have become tighter due to hot weather and lots of rain.

CITRUS

We have fully transitioned to the Valencia orange. Blood oranges, clementines, and grapefruits are available. Limes are in excellent quality from Mexico. Lemons are steady with great yields.

BUSHEL BEANS

Rain and heat has caused some temporary supply issues; local still strong.

BERRIES

Strawberries are back to normal levels. Plenty of raspberries. Beautiful blackberries from our friends at Cole Berry Farms. Blueberries are winding down quickly out of New Jersey; market will transition soon.

ASPARAGUS

Supplies are tighter due to growing transitions across entire market.

PEPPERS

Red peppers are active from high heat; yellow is steady. Local green peppers are in great supply.

BRUSSELS SPROUTS

Supply is plentiful and in excellent quality.

ONIONS

Reduced supplies and active markets for white and Spanish onions.

POTATOES

Red potatoes are active as the growing regions wind down; sweet potatoes have jumped up.

CELERY

After a long active market, there's more availability across all growing regions. Prices are back down to normal levels.

LOCAL CORNER

VIRGINIA

Blackberries | Westmoreland Berry
Bushel Beans | C&E Farms
Peaches + Nectarines | Crown Orchards
Sungold Cherry Tomatoes | Lois's Produce

WEST VIRGINIA

Plums | Spring Valley Farm & Orchard

MARYLAND

Tomatoes + Boston Lettuce | Baywater Greens
Bi-Color + White Corn | Godfrey
Kale, Collard + Mustard Greens | Richardson
Cantaloupe | Arnold Farms
Zucchini + Beans | Shlagel

PENNSYLVANIA

Garlic Scapes, Goldbar Squash,
Pickling Cucumbers | Hess

ALERT

AVOCADOS

Next few months will be tight, overall market has improved with the Flora Loca crop starting in Mexico and steady supplies out of California.

LEAFY GREENS

Extreme heat has caused a very active market for leafy greens. Iceberg is in very short supply; Romaine and green leaf have okay supplies; and Red Leaf has normal levels. Potential shortages for Little Gem Lettuce over the next week since high heat is delaying harvest.

CABBAGE

Market transition was bumpy from recent weather, will settle down soon.



delivering on every detail

