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MARKETNOTES

PRODUCE MARKET REPORT

JULY 15, 2019

JULY FRUIT **OF THE** MONTH

PEAK SEASON

Corn supplies have become tighter

due to hot weather and lots of rain.

We have fully transitioned to the

Valencia orange. Blood oranges.

Lemons are steady with great yields.

supply issues; local still strong.

clementines, and grapefruits are available.

Limes are in excellent quality from Mexico.

Rain and heat has caused some temporary

WEST VIRGINIA

VIRGINIA

Plums | Spring Valley Farm & Orchard

Peaches + Nectarines | Crown Orchards Sungold Cherry Tomatoes | Lois's Produce

Blackberries | Westmoreland Berry

Bushel Beans I C&E Farms

MARYLAND

Tomatoes + Boston Lettuce | Baywater Greens Bi-Color + White Corn | Godfrey Kale, Collard + Mustard Greens | Richardson Cantaloupe | Arnold Farms Zucchini + Beans | Shlagel

LOCAL CORNER

PENNSYLVANIA

Garlic Scapes, Goldbar Squash, Pickling Cucumbers | Hess

G22D BUYS

Excellent time for stone fruit - add peaches, apricots, red velvet apricots red plums, and nectarines to your order. Local nectarines and white, yellow, and doughnut peaches are also available.

CHERRIES

Cherries have never been better! Washington; Raniers available with one-day notice.

Supplies are steady and quality is good.

Local zucchini supplies and quality are tighter.

MANGO

a summer cocktail.

We are celebrating stone fruit two months in a

and juicy yellow interior, Red Velvet Apricots

from California is our July Fruit of the Month.

These are a delicious hybrid of apricots and

plums. Perfect with goat cheese, in a salad, or in

a fruit tart!

row! Known for their dark red, smooth exterior

GRAPES

Excellent red and green grapes available Champagne grapes are the perfect addition to a charcuterie board.

FIGS

delivering on every detail

Beautiful black mission figs are available in pints from Arizona.

MELONS

Excellent quality for both cantaloupes and honeydew. Yellow-flesh and seedless watermelons are in stock!

Tasty mangoes from Mexico are perfect for

BERRIES

BUSHEL BEANS

CORN

CITRUS

Strawberries are back to normal levels. Plenty of raspberries. Beautiful blackberries from our friends at Cole Berry Farms. Blueberries are winding down quickly out of New Jersey; market will transition soon.

ASPARAGUS

Supplies are tighter due to growing transitions across entire market.

PEPPERS

Red peppers are active from high heat; yellow is steady. Local green peppers are in great supply.

BRUSSELS SPROUTS

Supply is plentiful and in excellent quality.

ONIONS

Reduced supplies and active markets for white and Spanish onions.

POTATOES

Red potatoes are active as the growing regions wind down; sweet potatoes have jumped up.

CELERY

After a long active market, there's more availability across all growing regions. Prices are back down to normal levels.



AVOCADOS

Next few months will be tight, overall market has improved with the Flora Loca crop starting in Mexico and steady supplies out of California.

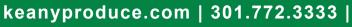
LEAFY GREENS

Extreme heat has caused a very active market for leafy greens. Iceberg is in very short supply; Romaine and green leaf have okay supplies; and Red Leaf has normal levels. Potential shortages for Little Gem Lettuce over the next week since high heat is delaying harvest.

CABBAGE

Market transition was bumpy from recent weather, will settle down soon.















Beautiful Bing Cherries from

BROCCOLI & CAULIFLOWER

GREENS

Beautiful kale, collard and mustard greens from Richardson Farms.

ARTICHOKES

Stuff 'em, grill 'em, boil 'em! Whatever you do, they'll be excellent!

ZUCCHINI & SQUASH

outstanding: vellow squash supplies are