



## GOOD BUYS

### CELERY

Great supplies on celery. Ask what precut can do for your prep team!

### BROCCOLI & BROCCOLINI

Good supplies with no issues in sight.

### CITRUS

Florida has great supplies on new crop honey tangerines and 100/125 CT pineapple juicing oranges. Lemons and limes with good supplies. Cara Cara, Blood Oranges, clementines, and stem-and-leaf mandarins in good supplies. Ruby-red grapefruit from Florida and Texas.

### POMEGRANATES

1-layer pack from Israel with large sizing.

### CABBAGE

Great supplies from Florida on both red and green.

### FRUIT OF THE MONTH

#### LEMON PLUMS

Also known as the "Chameleon Plum," Lemon Plums are of a small variety grown in Chile. The exterior resembles a lemon, in both shape and color. The interior eats just like a plum with a slight lemony aftertaste. As the fruit ripens, the tip will turn a deep red. Eat out-of-hand, bake into tarts, slice for charcuterie, mix in a drink!

### BEANS

No issues out of Florida, steady market. French beans are also plentiful.

### STONE FRUIT

Peaches, nectarines, cherries, red plums, and lemon plums from Chile. Pluots and apricots are now in.

### MANGOES

Great quality on the Peruvian Kent variety.

### GREENS

Beautiful quality on kale and chard. Add rainbow swiss chard to your weekend menu.

### PERSIMMONS

Great quality from Israel.



## PEAK SEASON

### GRAPES

Great quality and ample supplies on all types, coming from Chile.

### STRAWBERRIES

Strawberry supplies have increased with better volume from Florida. Excellent blackberries; raspberries are up.

### APPLES

Eastern supplies are slowing, but western remains strong on apples.

### ASPARAGUS

Active market was short-lived, overall great quality. White available from Peru.

### MELONS

Overall good quality with all melons from Central and South America.

### LEAFY GREENS

Strong market for iceberg, romaine, red and green leaf. Arugula, baby kale and spinach, and frisée supplies are all in good supplies.

### CAULIFLOWER

Good market availability and quality.

### ONIONS

Small decline across the board, a new crop to start soon.

### BRUSSELS SPROUTS

Back to normal levels with steady supplies.

### BELL PEPPERS

Red peppers remain tight, yellows are in good supplies, and green is improving in supplies.

### WET VEG

Cilantro, leeks, green onions, and parsley are all in good supplies.

### PINEAPPLES

At normal levels since imports have improved.

### ARTICHOKES

Winter crop starting with "globe" qualities.

## ALERT

### TOMATOES

Market has jumped back up due to huge amounts of rain and wind causing major crop damage in Mexico. Demand has shifted to Florida, with not enough supplies to hold the market. All types are active.

### AVOCADOS

Rain in Mexico has escalated the market. Suppliers are limiting harvests on the current crop to ensure enough supplies until the new crop starts in June.

### PEELED GARLIC

Decreased Chinese exports due to the coronavirus closing factories. California supplies are not enough to meet demands.

### BANANAS

Due to seasonality, the market has bumped up.

### BLUEBERRIES

Market has turned drastically with FOB prices doubling.

### RED PEPPERS & SHISHITOS

Market will begin to improve next week.

### GINGER

Brazil supplies will be starting soon with more availability in the market.

### CORN

Still a tight market on both yellow and white.

### POTATOES

Still a firm market on Idaho potatoes, with no changes expected for the whole season. GPODs remain at a premium.





VEGETABLES		OTHER ITEMS	
Squash Blossoms 25 CT	18156	Organic Eggs 15 doz	5064
Baby Zucchini 5#	22020	Grade A Brown Eggs 15 doz	5044
Red Thai Peppers 5#	16178	Quail Eggs 15ea/pk	5047
Watercress, Cleaned B&W 12 ct	20013	Nectar, Agave 2-1Gal	60136
Watercress, Wild 5 LB	20019	Local Honey, Gallon	5804
Lettuce, Baby Red Kale B&W	12797	Honeycomb	91625
Lettuce, Power 4 Blend B&W 3Lb	12798	Saffron 1 oz <i>Spain</i>	6017
Shishito Peppers	16106	White Sugar 50 Lbs	60134
Baby Candy Striped Beets	2106	Light Brown Sugar 16/2 lbs	60133
Mixed Ninja Radish	17698	Cornmeal 20 Lbs	60154
Watermelon Radish	4006	Hydro Micro Chervil	3679
Chayote Squash	3155	Spicy Radish Sprouts	18135
Sea Beans	02078	Micro Affilla Cress	91685
Fresh Turmeric	19996	Mirco Bullsblood	15019
Purple Sweet Potatoes	16384	Olives, Pitted Green Musco 4-1Gal	15007
Mixed Mini Sweet Peppers	16146	Oil, Canola Fry 35Lb jug	60017
Local Peas, Frozen 20Lb	81001	Oil, Soy Fry 35Lb jug	60068
GOURMET FRUIT		Oil, Marsala California EVOO 4-1Gal	00455
Fresh Cranberries	3225	Oil, Extra Virgin Spain 3-5L	60022
Red Currants	3255	Vinegar, Rose Wine	00605
Pluot	16201	Vinegar, Balsamic Sciabica	00600
Pomegranates	16210	Vinegar, Chamagne Sciabica	00603
Rambutan	17027	DAIRY	
Gooseberries 12-4oz	7036	Milk, Heavy Cream 5 Gal bag	30111
Champagne (Ataulfo) Mango	13905	Milk, Buttermilk 9-1/2 gal	13027
Passion Fruit	16030	Milk, Whip Cream Aerosal	30028
Key Limes	12211	Cream Cheese	60035
Honeybell Tangelo	19003	Cottage Cheese, Low Fat	30025
Persimmon	16175	Butter, AA Grade Salted	60030
Meyer Lemon	12026	Butter, AA Grade Unsalted	60031
Starfruit	18160	Milk, 2% 4-1 gal	30004
Medjool Dates	4010	Milk, Whole 4-1Gal	13023
Dragon Fruit - Red Flesh	4999	Milk, H & H Fresh 16qt	30014
Dragon Fruit - White Flesh	91621	Milk, Skim 4-1Gal	30007
Thai Coconuts	3144	Yogurt, Greek Non-Fat Plain	30116
Coconuts	3185	PLANT-BASED MILK ALTERNATIVES	
WATER		Milk, Almond Barista 12qt	30122
Water, Non-Carbonated 24-16.9 oz	60006	Milk, Almond 6qt	30089
Water, Still 24-12 oz	60005	Milk, Coconut Barista 12qt	30123
Water, Sparkling 24-12 oz	60004	Milk, Oat Barista 12 qt	30124
Water, Sparking 12-28 oz	60002	Milk, Soy Barista 12qt	30121
<p>Please call account executive for details, price, availability. Pack size may change without notice.</p>		Milk, Soy 12qt	30055
		Local Farm Cheeses available on the Local Product List	



## LOCAL PRODUCT LIST

(Availability Subject to Change)

2/17/2020

### FIELD GROWN

01045	Gold Delicious Apples	125 CT	Crown Orchards	Charlottesville, VA
01035	Gold Delicious Apples	88 CT	Crown Orchards	Charlottesville, VA
01075	Red Delicious Apples	88 CT	Hess Farms	Waynesboro, PA
01080	Red Delicious Apples	100/113 CT	Hess Farms	Waynesboro, PA
01080	Red Delicious Apples	100/113 CT	Hess Farms	Waynesboro, PA
			Crown Orchards	Charlottesville, VA
01085	Red Delicious Apples	125 CT	Hess Farms	Waynesboro, PA
			Crown Orchards	Charlottesville, VA
02101	Red Beets	20 LBS	Lancaster Farm Fresh	Lancaster, PA
02114	Gold Beets	21 LBS	Lancaster Farm Fresh	Lancaster, PA
16475	Organic Parsnips	15 LBS	Lancaster Farm Fresh	Lancaster, PA
16380	Potatoes, Sweet #1	40 LBS	Wood Packing House	Benson, NC
16385	Potatoes, Sweet Jumbo	40 LBS	Wood Packing House	Benson, NC

### HYDROPONIC

01117	Arugula, Hydro Baby	2 LBS	Lakeville Specialty	Washingtonville, PA
18104	Petite Pea Green Shoots	8 oz	Arc Greenhouses	Shiloh, NJ
03679	Chervil, Hydro Micro	3 LBS	Lakeville Specialty	Washingtonville, PA
12499	Lettuce, Firecracker Mizuna	2 LBS	Lakeville Specialty	Washingtonville, PA
12170	Lettuce, Mache	2 LBS	Lakeville Specialty	Washingtonville, PA
12161	Lettuce, Retail Hydro Boston	12 CT	Fresh2o Growers	Stevensburg, VA
13140	Lettuce, Sorrel Red	CASE	Lakeville Specialty	Washingtonville, PA
12795	Lettuce, Wasabina	CASE	Lakeville Specialty	Washingtonville, PA
12177	Lettuce, Hydro Mizuna	2 LBS	Lakeville Specialty	Washingtonville, PA
19300	Upland Cress	2 LBS	Lakeville Specialty	Washingtonville, PA

### LOCAL CHEESES

00404	Cheese Ciliegine Mozzarella	3 lb	Lioni Latticini	Union, NJ
30078	Cheese, Baby Swiss	WHEEL	Mountain View Farm Products	Fairfield, VA
30201	Cheese, Blue Mountain	8-6 oz	Firefly Farms	Accident, MD
00406	Cheese, Burrata con Panna	12-4OZ	Lioni Latticini	Union, NJ
30206	Cheese, Cabra La Mancha	4.5 LB	Firefly Farms	Accident, MD
30065	Cheese, Feta	20 LBS	Mountain View Farm Products	Fairfield, VA
30204	Cheese, Merry Goat Round	6-10 oz	Firefly Farms	Accident, MD
31005	Cheese, Local Goat Chevre	4-4 LB	Firefly Farms	Accident, MD
30063	Cheese, Goat Chevre	4 LBS	Firefly Farms	Accident, MD
30077	Cheese, Gouda Lusk	WHEEL	Mountain View Farm Products	Fairfield, VA
30078	Cheese, Swiss Baby McClur Ave	9.5 LB	Mountain View Farm Products	Fairfield, VA
30075	Cheese, Lofton Colby	WHEEL	Mountain View Farm Products	Fairfield, VA
30079	Cheese, Marmac Cheddar	WHEEL	Mountain View Farm Products	Fairfield, VA
30085	Cheese, Mixed Wheels	4-2.5 LBS	Mountain View Farm Products	Fairfield, VA

**Local Products continued . . . .**

00400	Cheese, Mozzarella 1LB	2 - 6 LBS	Lioni Latticini	Union, NJ
00401	Cheese, Mozzarella 4OZ	3 LBS	Lioni Latticini	Union, NJ
00407	Cheese, Tartufo Burra Cup	12-4 oz	Lioni Latticini	Union, NJ
00408	Cheese, Burrata	36-2.5 oz	Lioni Latticini	Union, NJ
00409	Cheese, Bufala Fresca	12-8 oz	Lioni Latticini	Union, NJ
00399	Cheese, Ricotta	6/3 LBS	Lioni Latticini	Union, NJ

**OTHER LOCALLY PRODUCED ITEMS**

03160	Cider, Clear	4-1 GAL	McCutcheon Apple Prod.	Frederick, MD
03165	Cider, Cloudy	4-1 GAL	McCutcheon Apple Prod.	Frederick, MD
03167	Cider, Cloudy	12 PTS	McCutcheon Apple Prod.	Frederick, MD
01101	Cider, Sparkling	12-750 mL	McCutcheon Apple Prod.	Frederick, MD
05041	Eggs, Large Cage Free	15 DOZEN	Martins Quality Eggs	Lititz, PA
05050	Eggs, Medium Grade AA	30 DOZEN	Martins Quality Eggs	Lititz, PA
05045	Eggs, Large Grade AA	30 DOZEN	Martins Quality Eggs	Lititz, PA
05037	Eggs, Liquid Whole	15/2 LB	Martins Quality Eggs	Lititz, PA
05035	Eggs, Hard Boiled Tub	20 LBS	Martins Quality Eggs	Lititz, PA
05804	Honey, Wildflower	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05808	Honey, Hot	GALLON	Bubba's Sweet Nectar	Waynesboro, VA
05815	Maple Syrup	1 GAL	Backbone Mtn Maple	Garrett Co, MD
13040	Mushroom, Button	10 LBS	Mother Earth LLC	Ladenberg, PA
13055	Mushroom, Crimini	5 LBS	McDowell's Mushroom	Nottingham, PA
13075	Mushroom, Medium	10 LBS	McDowell's Mushroom	Nottingham, PA
13085	Mushroom, Oyster	5 LBS	Davis Mushroom	Kennett SQ, PA
13090	Mushroom, Portabello	5 LBS	Davis Mushroom	Kennett SQ, PA
13095	Mushroom, Shitake	3 LBS	McDowell's Mushroom	Nottingham, PA
13097	Mushroom, Silver Dollar	10 LBS	McDowell's Mushroom	Nottingham, PA
90305	Mushroom, Sliced, 1/4"	10 LBS	Davis Mushroom	Kennett SQ, PA
13100	Mushroom, Special	3 LBS	McDowell's Mushroom	Nottingham, PA
16085	Peanuts, Salted Gourmet Tin	6/38 OZ	Belmont Peanuts	Southampton, VA
16084	Peanuts, Honey Roasted	15 LBS	Belmont Peanuts	Southampton, VA
16052	Peanuts, Raw Bulk	15 LBS	Belmont Peanuts	Southampton, VA
81001	Peas, Frozen	20 LBS	Kern Farm	Monroeville, NJ
16179	Pickle Spears	5 Gal	Kaplan & Zubrin Pickles	Camden, NJ
16180	Pickles, Deli (whole)	5 Gal	Kaplan & Zubrin Pickles	Camden, NJ
16192	Pickles, Half Sour Midgets	4 Gal	Kaplan & Zubrin Pickles	Camden, NJ
16181	Pickles, Krinkle Cut Chips	5 Gal	Kaplan & Zubrin Pickles	Camden, NJ