



GOOD BUYS

STONE FRUIT

California is in peak season for stone fruit! Peaches, apricots, red plums, and nectarines are delicious and plentiful. Bulk peaches are also available from the East Coast with great quality. Local to start shortly!

ARTICHOKES

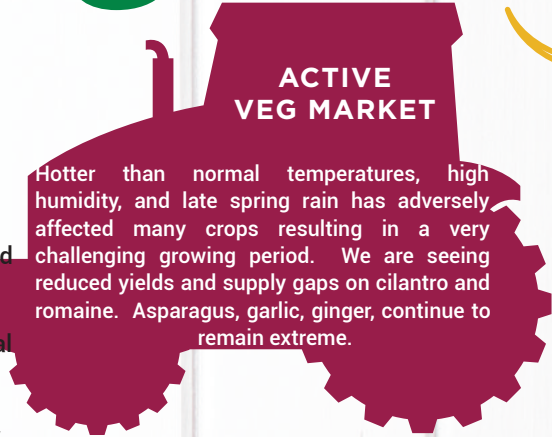
Excellent quality and great availability on all sizes, perfect, for summer menu specials.

LEMONS & LIMES

Markets are steady for both lemons and limes. Limes have great quality from Mexico, and lemons are coming from central California.

TOMATOES

California, South Carolina, and Georgia have all started with great quality. All sizes are available and plentiful. Locals are available, but a slow market to start the season.



Hotter than normal temperatures, high humidity, and late spring rain has adversely affected many crops resulting in a very challenging growing period. We are seeing reduced yields and supply gaps on cilantro and romaine. Asparagus, garlic, ginger, continue to remain extreme.

GRAPES

Excellent crop of grapes from California.

AVOCADOS

Market is strong out of Mexico, with good oil content. All sizes and conditioning available.

CITRUS

California oranges have shifted to Valencia variety with good quality. Mandarins available with notice.

MANGO

New Kent variety from Mexico, with great quality and consistency.

EGGPLANT

Steady market and a great item to feature on menus!



PEAK SEASON

BERRIES

Full pint blueberries from New Jersey, with excellent quality. Blackberries are in good quality from Georgia, no local available yet due to rain. Raspberries are steady with no real issues. Strawberry market continues to fluctuate, but overall quality is good.

MELONS

Cantaloupes are starting from the West with good projections for the season. Honeydew is slightly behind schedule. Watermelons are up due to holiday demands.

CELERY

Plenty of celery available at great prices.

LETTUCE

Baby Lettuces (arugula, spinach, etc.) are all plentiful and beautiful. Leafy lettuce is steady. Romaine and romaine hearts have jumped up due to field issues.

GREENS

All local from Richardson Farms with beautiful quality - kale, collard, turnip, mustard.

APPLES & PEARS

Market is good on both popular commodities.

GARLIC & GINGER

Peeled garlic supplies are low due to California crop finishing. Ginger continually improves.

PEPPERS

All are slightly active due to weather and short supplies coming out of the fields.

ZUCCHINI & SQUASH

Market is improving as local growers kick in.

CHERRIES

Washington state to kick off higher volumes soon. Quality is excellent.

CABBAGE

VIRGINIA

Bushel Beans | C&E Farms
Blackberries | Cole Berry Farm

PENNSYLVANIA

Zucchini + Yellow Squash | Hess Farms

MARYLAND

Kale, Collard, Turnip + Mustard Greens | Richardson Farms

Zucchini + Yellow Squash | Shlagel Farms

Heirloom and XL Beefsteak Tomatoes | Hummingbird Farms

NORTH CAROLINA

Sweet Potatoes | Eastern Carolina Organics + Wood Packing House



ALERT

ASPARAGUS

Extreme market due to low supplies exporting from Peru. Very tight on jumbo.

BRUSSELS SPROUTS

Generally, a tight market, but we expect improvements soon.

BEANS

Market is easing back, but still remains very active.

CORN

Supplies remain tight, but we expect improvements soon.

BROCCOLI & CAULIFLOWER

Supplies have improved, but still below normal market levels. Quality is good.



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