

keany

PRODUCE & GOURMET

GOOD BUYS

AVOCADOS

Excellent quality and all size available with a steady market from Mexico.

APPLES

Local apples are in full swing - gala, honeycrisp, red + gold delicious. Candy and Caramel apples available with 1 week notice.

PEARS

Bartlett, Bosc, Seckle, and red pears available from the West. Local Asian pears are also in with excellent quality.

GRAPES

Excellent quality on all grapes - red, green, black, and globes. Concord are available with notice.

BRUSSELS SPROUTS

Supplies remain strong and quality is great. Did you know we offer both shredded and sliced brussels sprouts for a no-prep solution?

CARROTS

Plentiful supplies on all sizes.

MARKETNOTES

PRODUCE MARKET REPORT OCTOBER 19, 2020

IT'S FALL Y'ALL!

Your fall favorites have arrived! Be sure to ask your Account Executive about pumpkins, gourds, apple cider, straw, and more fall items. The perfect menu additions are in season, too - butternut + acorn squash, pomegranates, local apples, and cranberries!

CELERY

Great supplies continue. Ask how precut can save you time on your prep!

HARD SQUASH

Fall hard squash is in great supplies from our local growers - butternut, delicata, honeynut, and more!

CITRUS

Lemons and limes are both great markets. Clementines from Uruguay; new crop blood oranges are in!

POTATOES

New crop Idaho Narkottas and GPOD Burbanks are in great supplies. New crop Red A+B potatoes are in with excellent quality. Steady market on sweet potatoes from North Carolina.

PEAK SEASON

ONIONS

Great quality on new crop red and Spanish onions.

PEPPERS

Red + yellow are excellent. Green peppers are just starting in Georgia.

CRANBERRIES

Fresh new cranberries are in and perfect for menu transitions!

LETTUCE

Baby spinach, arugula, and baby leaf lettuces are all in good supplies. This is a good alternative to romaine and iceberg!

MANGO

New crop Tommy Atkins variety from Brazil.

BERRIES

Blackberries and raspberries are beautiful with no issues. Blueberries are in 1/2 pints with volume improving. Strawberries remain tight, but overall good quality.

GARLIC & GINGER

Both markets remain steady.

STONE FRUIT

Plums available through November.

BROCCOLI & CAULIFLOWER

Better supplies continue on whole broccoli and florets. Cauliflower market has jumped up a bit, but should be short-lived.

CORN

Market remains extremely tight as Georgia starts its new crop with smaller sizing.

POMEGRANATES & PERSIMMONS
First of the season from California in stock.

MELONS

The West side growing region is quickly winding down, and market will jump up during the transition to Arizona and So. California.

LOCAL CORNER

VIRGINIA

Beans | C+E Farms
Asian Pears | Sun Belle Inc.

MARYLAND

Greens | Richardson Farms
Squash + Peppers | Shlagel Farms

PENNSYLVANIA

Apples, Pumpkins, Squash, Peppers + Fall Items
| Hess Farms
Eggplant + Squash | Sunny Harvest
Hydro Lettuces | Lakeville Specialty Produce

NORTH CAROLINA

Sweet Potatoes | Wood Packing
House + Ham Produce Co., Inc.

ALERT

LETTUCE

Romaine and all processed items including romaine are extremely tight with reduced supplies and quality issues in the fields. Green leaf fillets are very active. Iceberg and Boston with better availability.

TOMATOES

Demand continues to exceed supplies as many growing regions are in transition with very low volume to start in the new areas.

ORANGES

Small sizes are still tricky to source. Market should ease with Navels starting this week.

ASPARAGUS

Volume remains low from Mexico and Peru.

BEANS

Tight market as regions are in transition.

