RODUCE & GOURMET

OCADOS

Great volume continues out of Mexico with excellent quality on all sizes.

APPLES

Local and Northwest crop are in full swing - gala, honeycrisp, red + gold delicious, and more! We have specialty apples in now - Hidden Rose, Green Dragon, Envy, and Lady Alice.

ONIONS

Great quality on new crop red and Spanish onions with great sizing.

PEARS

Bartlett, Bosc, Seckle, Forelle, and red pears available from the West. Asian pears are still readily available.

GRAPES

Excellent quality on all California grapes. Greens will wind down soon.

GREENS

Quality and supplies remain good on kale, collard, and mustard from Richardson Farms.

THANKSGIVING ITEMS ARE READILY AVAILABLE

Thanksgiving will be here before we know it. Are you offering full carry-out? Our precut team canhelp with the prep with cubed butternut, mirepoix mix, snipped beans, and more. Plus don't forget the cranberry sauce...fresh cranberries from Michigan in stock!

HARD SQUASH

Fall hard squash is in great supplies from

our local growers - butternut, delicata, honeynut, and more!

CARROTS

Market is steady out of Canada.

CRANBERRIES

Perfect your Thanksgiving sauce with our fresh cranberries from Michigan.

POMEGRANATES &

PERSIMMONS

Excellent fall treats to add to your menu!



MARKETNOTES

PRODUCE MARKET REPORT NOVEMBER 16, 2020

➢ PEAK SEAS^QN

ASPARAGUS

Market remains steady as we approach the holiday.

PEPPERS

Red + yellow are in plentiful supplies. Green peppers are up due to the tropical storm last week.

BERRIES

Blueberries and raspberries with good volume and beautiful quality. Weather issues in Mexico are causing tight supplies on blackberries. Strawberries are prorated again due to California rain.

LEAFY ITEMS

Baby spinach, arugula, and spring mix are all in good supplies. Good sub for romaine!

CITRUS

Beautiful lemons in all sizes; limes are in transition in Mexico. Florida with ruby-red grapefruit and Hamlin juicing oranges. Blood oranges and clementines available. More availability on oranges with the new Navel crop.

WET VEG

Both flat and curly parsley are slightly active; leeks, green onions, and cilantro are steady.

BRUSSELS SPROUTS

Market is up a little due to holiday demand.

POTATOES

Idaho Narkottas and GPOD Burbanks are in great supplies, but up slightly due to high freight rates. Red A+B potatoes are excellent. Steady market on all sweet potatoes.

CORN

Good quality and supplies continue from GA.

Market on honeydew and cantaloupe is slightly active due to transition. Watermelons are way up because of freight rates from Mexico.

LOCAL CORNER

VIRGINIA Apples | Parker Farms

MARYLAND Kale, Collard + Mustard Greens | Richardson Farms

PENNSYLVANIA

Apples, Squash, Pumpkins + Fall Items | Hess Farms Cauliflower, Squash + Romanesco | Sunny

Harvest

NORTH CAROLINA

Sweet Potatoes | Wood Packing House

Romaine hearts, romaine, and iceberg are all very active as the growing region transitions. Green leaf fillets are also tight.

TOMATOES

Tropical Storm Eta has caused tight markets across all tomatoes. Excessive rain is preventing harvest and tight supplies.

CELERY

Thanksgiving demand has spiked up the market, but quality remains excellent.

CAULIFLOWER & BROCCOLI

Cooler weather is affecting both commodities. Florets are now pro-rated.

BUSHEL BEANS

Active market due to heavy rain and wind.



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