# RODUCE & GOURMET

## **GOOD BUYS**

Steady volume and excellent quality on all sizes from Peru.

#### AVOCADOS

Good supplies remain in the pipeline from Mexico. All sizes and ripeness available!

#### **APPLES**

Local and Northwest crop are in full swing - gala, honeycrisp, red + gold delicious, fuji, and more! Specialty apples in - Ambrosia, Hidden Rose, Green Dragon, Envy, and Lady Alice.

#### PEARS

Bartlett, Bosc, Seckle, Forelle, and red pears available from the West. Asian pears are available from California.

#### GRAPES

Excellent quality on all domestic grapes. Greens will wind down soon.

#### GREENS

Quality and supplies remain good on kale, collard, and mustard from Richardson Farms.

#### THANKSGIVING ITEMS ARE READILY AVAILABLE

Thanksgiving is already here! Are you offering full carry-out options? Our precut team can help with the prep with cubed butternut, mirepoix mix, snipped beans, and more. Plus don't forget the cranberry sauce...fresh cranberries from Michigan in stock!

#### HARD SQUASH

Fall hard squash is in great supplies - butternut, delicata, honeynut, and more!

#### CARROTS

Market is steady out of Canada, quality remains excellent.

#### CRANBERRIES

Perfect your Thanksgiving sauce with our fresh cranberries from Michigan!

#### **POMEGRANATES &**

PERSIMMONS

Excellent fall treats to add to your menu!



### delivering on every detail

## MARKETNOTES

#### PRODUCE MARKET REPORT NOVEMBER 23, 2020

### ▶ PEAK SEASQN

#### **LEAFY ITEMS**

Baby spinach, arugula, and spring mix are all in good supplies. Good sub for romaine!

#### PEPPERS

Reds are slightly active due to cooler nights out West; only 11# yellow imports available. Green peppers are stabilizing.

#### BERRIES

Blueberries and raspberries with plentiful supplies. Weather issues in Mexico are causing tight supplies on blackberries. Strawberries remain active and pro-rated due to cool nights.

#### CITRUS

Beautiful lemons in all sizes; limes are in transition in Mexico. Florida with ruby-red grapefruit and Hamlin juicing oranges. Blood oranges and clementines available. California Navel crop is stabilizing the market.

#### ONIONS

Great quality on new crop red and Spanish onions. Spanish are up a little.

WET VEG

Both flat and curly parsley are active; leeks, green onions, and cilantro are steady.

#### BRUSSELS SPROUTS

Market is up due to holiday demand.

#### POTATOES

Idaho Narkottas and GPOD Burbanks are in great supplies, but up due to high freight rates. Steady market on sweet potatoes and red A+Bs.

#### **GINGER & GARLIC**

Both remain very active markets.

#### MELONS

Market on honeydew and cantaloupe is slightly active due to transition. Watermelons are way up because of freight rates from Mexico.

## LOCAL CORNER

VIRGINIA Apples | Parker Farms

MARYLAND Kale, Collard + Mustard Greens | Richardson Farms

#### PENNSYLVANIA

Apples, Squash, Pumpkins + Fall Items | Hess Farms Squash + Pumpkins | Sunny Harvest

#### NORTH CAROLINA

Sweet Potatoes | Wood Packing House

## ALERT

Active market due to heavy rain, wind, and holiday demands.

#### LETTUCE

Romaine hearts, romaine, and green leaf fillets are all very active as the growing region transitions. Some relief on iceberg.

#### TOMATOES

Tropical Storm Eta has caused tight markets across all tomatoes. Excessive rain is preventing harvest and tight supplies.

#### CELERY

Thanksgiving demand has spiked up the market, but quality remains excellent.

#### CAULIFLOWER & BROCCOLI Cooler weather is affecting both

commodities. Florets are now pro-rated.

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