RODUCE & GOURMET

GOOD BUYS

Steady volume and excellent quality on all sizes from Peru.

AVOCADOS

Good supplies remain in the pipeline from Mexico. All sizes and ripeness available!

APPLES

Local and Northwest crop are in full swing - gala, honeycrisp, red + gold delicious, fuji, and more! Specialty apples in - Ambrosia, Hidden Rose, Green Dragon, Envy, and Lady Alice.

PEARS

Bartlett, Bosc, Seckle, Forelle, and red pears available from the West. Asian pears are available from California.

GRAPES

Excellent quality on all domestic grapes. Greens will wind down soon.

GREENS

Quality and supplies remain good on kale, collard, and mustard from Richardson Farms.

THANKSGIVING ITEMS ARE READILY AVAILABLE

Thanksgiving is already here! Are you offering full carry-out options? Our precut team can help with the prep with cubed butternut, mirepoix mix, snipped beans, and more. Plus don't forget the cranberry sauce...fresh cranberries from Michigan in stock!

HARD SQUASH

Fall hard squash is in great supplies - butternut, delicata, honeynut, and more!

CARROTS

Market is steady out of Canada, quality remains excellent.

CRANBERRIES

Perfect your Thanksgiving sauce with our fresh cranberries from Michigan!

POMEGRANATES &

PERSIMMONS

Excellent fall treats to add to your menu!



delivering on every detail

MARKETNOTES

PRODUCE MARKET REPORT NOVEMBER 23, 2020

▶ PEAK SEASQN

LEAFY ITEMS

Baby spinach, arugula, and spring mix are all in good supplies. Good sub for romaine!

PEPPERS

Reds are slightly active due to cooler nights out West; only 11# yellow imports available. Green peppers are stabilizing.

BERRIES

Blueberries and raspberries with plentiful supplies. Weather issues in Mexico are causing tight supplies on blackberries. Strawberries remain active and pro-rated due to cool nights.

CITRUS

Beautiful lemons in all sizes; limes are in transition in Mexico. Florida with ruby-red grapefruit and Hamlin juicing oranges. Blood oranges and clementines available. California Navel crop is stabilizing the market.

ONIONS

Great quality on new crop red and Spanish onions. Spanish are up a little.

WET VEG

Both flat and curly parsley are active; leeks, green onions, and cilantro are steady.

BRUSSELS SPROUTS

Market is up due to holiday demand.

POTATOES

Idaho Narkottas and GPOD Burbanks are in great supplies, but up due to high freight rates. Steady market on sweet potatoes and red A+Bs.

GINGER & GARLIC

Both remain very active markets.

MELONS

Market on honeydew and cantaloupe is slightly active due to transition. Watermelons are way up because of freight rates from Mexico.

LOCAL CORNER

VIRGINIA Apples | Parker Farms

MARYLAND Kale, Collard + Mustard Greens | Richardson Farms

PENNSYLVANIA

Apples, Squash, Pumpkins + Fall Items | Hess Farms Squash + Pumpkins | Sunny Harvest

NORTH CAROLINA

Sweet Potatoes | Wood Packing House

ALERT

Active market due to heavy rain, wind, and holiday demands.

LETTUCE

Romaine hearts, romaine, and green leaf fillets are all very active as the growing region transitions. Some relief on iceberg.

TOMATOES

Tropical Storm Eta has caused tight markets across all tomatoes. Excessive rain is preventing harvest and tight supplies.

CELERY

Thanksgiving demand has spiked up the market, but quality remains excellent.

CAULIFLOWER & BROCCOLI Cooler weather is affecting both

commodities. Florets are now pro-rated.

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