



## GOOD BUYS

### TOMATOES

The market is booming with excellent quality and volume on all tomatoes. The beautiful Ruskin crop has dynamite quality, especially on large sizes. Local hydro tomatoes in stock!

### CITRUS

California citrus season is at its peak with great supplies on Navel oranges, Cara Caras, and lemons. Florida Valencia juicing oranges are excellent right now. Clementines are still available, too! Blood oranges will shift to Italy soon.

### LEAFY GREENS

All baby lettuces (arugula, baby spinach) and spring mix are new crop with excellent quality.

### BRUSSELS SPROUTS

Good availability and quality; we offer cleaned + halved for easy prep!

## SPRING SPOTLIGHT

### YOUR FAVORITES ARE ARRIVING!

Our warehouse is getting stocked up with spring favorites - English peas, ramps, rhubarb, and vidalia onion bulbs. North Carolina and Virginia strawberries, and Maryland asparagus have arrived! Plus Hummingbird hydroponic tomatoes are now in stock with multiple varieties.

### BROCCOLI & BROCCOLINI

Good quality continues with steady volume. Broccoli crowns are a hot deal.

### WET VEG

All commodities (green onions, leeks, parsley, and cilantro) are all steady.

### KIWI

All supplies are excellent from Chile and Italy.

### ARTICHOKES

A great crop from California! We have both 24 CT size and baby artichokes.

## PEAK SEASON

### ASPARAGUS

First of the season from Maryland and Washington is in; we also have product from Peru.

### STONE FRUIT

The California season has started with nectarines and peaches. Plums are done.

### PEPPERS

Mexico is winding down their season on reds. Yellows are only available in the 11 lb. pack. Greens will start in Florida and Georgia shortly. Jalapenos are escalating as supplies are short.

### MELONS

Cantaloupes and honeydew will transition soon, but supplies and quality remain great. Watermelons from Florida with great quality.

### LETTUCE

The crop transition is complete with only new crop product in. Market is good, just some challenges with loading and high freight rates.

### POTATOES

Market has steady volume on all varieties.

### ZUCCHINI & YELLOW SQUASH

Market will transition to Georgia soon, with good supplies continuing from Mexico, too.

### CELERY

Steady supplies from Oxnard and Yuma.

### POMEGRANATES

Single-layer case available from Chile.

### CORN

Market is easing with more Georgia supplies.

### ONIONS

New crop is in stock with no issues. Vidalia bulbs are available.

### APPLES & PEARS

Both commodities are dealing with high freight rates from the West.

## ALERT

### CAULIFLOWER

Market is very tight and high, which is also effecting florets.

### BEANS

Rain caused harvest delays and crop loss, so the market remains active from Florida.

### BERRIES

Strawberries remain high due to Mother's Day demand; we do have long-stem and local available with good supplies. More supplies for raspberries and blueberries. Blackberries are starting to ease down.

### LIMES

Market is escalating again ahead of Cinco de Mayo demands. Supplies are limited.

### AVOCADOS

Market is leveling off but remains steep with Cinco de Mayo pulling high demands.

### BANANAS

Market is holding steady at an active state. There could be a shortage on petite bananas as school demand ramps up.

### PINEAPPLES

Market is easing down as more supplies are being offloaded at the ports.

### CUCUMBERS

Select and European cucumbers are both rising due to market transitions.

### GRAPES

Green grapes are active as the market switches from Chile to new crop in Mexico.

### GREEN CABBAGE

Florida crop is finishing and will transition to Georgia. High freight rates are causing a market spike.



delivering on every detail

