

MARYLAND

Kale, Collards + Mustard Greens | Richardsons Farms
Corn, Melon | Godfrey Farms
Squash, Tomatoes | Shlagel Farms

VIRGINIA

Bushel Beans | C+E Farms
Apples | Parker Farms
Apples | Bowman Fruit
Tomatoes, Yellow Watermelon | Lois's Produce

PENNSYLVANIA

Squash, Tomatoes | Hess Farms
Eggplant, Melon, Squash | Sunny Harvest

NORTH CAROLINA

Sweet Potatoes | Wood Packing House

GOOD BUYS

PEPPERS

Plentiful supplies on Central CA red and yellow (15 and 11 pound) peppers. Green peppers are from the east coast with good volume.

GRAPES

Excellent quality from California. Concord grapes are available, too.

STONE FRUIT

Nectarines will start to wind down, while we still have a while to go on delicious peaches and plums.

MANGO

Winding down out of Mexico, but excellent flavor!

BABY LETTUICES

Arugula, baby kale, baby spinach and spring mix are steady.

ARTICHOKES

Excellent quality on 24 and 18 CT from Castroville.

POMEGRANATES

Volume and quality continues to be excellent from California.

SUPPLY CHAIN ISSUES

TRANSPORTATION,
WEATHER, AND LABOR

Freight rates continue to impact due to increases on the cost of truck loads, the ongoing upsurge in fuel prices, and labor shortage of drivers and warehouse pickers. There are major heat waves out west and heavy rainfalls in the east causing crop damage in the fields. Additionally, labor shortages are affecting all markets but especially on mushrooms.

CAULIFLOWER

Excellent quality and volume.

PEARS

California Bartletts, Boscs, and red pears are in; Seckle and Forelle to come this week. Local Asian pears are available.

SQUASH

Summer crop will transition soon. Winter squash is coming in from local growers.

CORN

All new crop from New York.

CABBAGE

Excellent quality and supplies from NY.

CELERY

Great supplies and availability.

PEAK SEASON

FIGS

Fig quality is excellent, but supplies are gapping due to high demand.

POTATOES

New crop Norkotah variety Idahos have started with excellent quality. A + B reds are excellent from the north-West.

CITRUS

Lemon and lime markets are steady. Smaller size oranges remain tight due to school demand. New crop blood oranges from South Africa. Clementines will transition to Morocco.

ONIONS

New crop is starting with good quality; firm markets on colossals and jumbo whites.

APPLES

More availability on all commodities. Local has started on some varieties. Slices are pro-rated.

BERRIES

Raspberries are steady. Blackberries are holding steady from Mexico. Blueberries and strawberries remain active due to market transitions. Cranberries will start next week.

LETTUCE

Still an active market on romaine; iceberg has more availability this week. Red and green leaf, and Boston are all steady.

BRUSSELS SPROUTS

Harvest volumes are starting to improve, but market remains firm with high demand.

WET VEG

Parsley, cilantro, and leeks are steady. Green onions are returning to normal supply levels.

AVOCADOS

Market is improving but prices are holding for now since the crop is slow to ripen. There are no supply issues anymore.

GREENS

Our local grower is gapping on mustard and collard greens due to the recent rain.



delivering on every detail

ALERT

BROCCOLI

Market is very tight with prorates on florets

ASPARAGUS

Supplies remain tight with shipping delays from Peru. Very tight market on jumbos.

TOMATOES

Local tomatoes will wind down soon. Overall sourcing is difficult; Tennessee crop has excessive rain damage, and there's heat out west. Rounds, romas, and yellows are tight.

BEANS

Market is very active due to rain damage. Also low supplies on French beans.

MELONS

Active markets due to low supplies with high demands. Market will transition soon.

PEELED GARLIC + SHALLOTS

Markets are extremely active.

