

GOOD BUYS

ASPARAGUS

Crop is excellent quality and supplies are strong. White is also available.

PEARS

Don't forget to add luscious pears to your order this week! Bartletts, Boscs, Seckle, Forelle, and red pears are all in stock and beautiful. Asian pears are now from California.

APPLES

All varieties are in from the northwest and regionally - check our local list.

POMEGRANATES +

PERSIMMONS

Volume and quality continues to be excellent from California.

STONE FRUIT

Red and Black Plums will be available through November. Cherries to start in December.

BLUEBERRIES

Excellent volume and quality from Peru, Argentina, and Mexico.

ARTICHOKES

Excellent quality on 18 and 24 CT.

SUPPLY CHAIN ISSUES

TRANSPORTATION,
WEATHER, AND LABOR

Freight rates continue to impact due to increases on the cost of truck loads, the ongoing upsurge in fuel prices, and labor shortage of drivers and warehouse pickers. There are heavy rainfalls in the west causing crop damage in the fields just as the markets transition. Additionally, labor shortages are affecting all markets but especially on mushrooms.

MANGOES

Plenty of supplies of the Tommy variety.

LEAFY GREENS

All baby lettuces and spring mix are good quality and steady markets.

CITRUS

Florida citrus is coming in strong with new crop tangerines, Hamlin juicing oranges, and grapefruit. California oranges are the new navel crop; lemons have transitioned with excellent quality. Limes are steady, but could move upward due to cold weather. Stem-and-leaf satsumas to start soon.

SQUASH

Winter squash is coming in with excellent quality, perfect for fall menus.

PEAK SEASON

CELERY

Market is slightly more active due to the holiday.

GREENS

All local through the holiday with great quality.

AVOCADOS

Good quality and steady market.

BEANS

Market is slightly more active due to the holiday, quality remains excellent. French beans are up due to holiday demand.

RASPBERRIES + BLACKBERRIES

Markets are rebounding with more availability.

POTATOES

A+B reds are great. Plenty of supplies of Idaho potatoes for the holiday. Sweets are excellent for #1s and jumbos.

GRAPES

It's the tail-end of the domestic season, Chile to start after the holiday.

PEPPERS

Red peppers are up due to cool, rainy weather before the transition; yellows are steady. Greens are up slightly due to transition to FL.

ONIONS

There's a seasonal shortage from now until March. Jumbos will tend to be smaller due to the excessive heat this past summer stunting the crop's growth.

CAULIFLOWER

Good quality; demand is up for the holiday.

BRUSSELS SPROUTS

Market is slightly more active due to the holiday.

WET VEG

Parsley, leeks, and green onions have all jumped up slightly.

TOMATOES

The Florida Ruskin season has started, but delayed harvest due to slow ripening. Rounds and romas are still on the tighter side.

ALERT

MUSHROOMS

We are in critical supply issues on all fresh mushrooms. We'll see shortages until at least January. Our many suppliers have prorated us by 60-90%. These issues stem from: labor shortages, reduced production due to labor, shortage of raw materials to grow mushrooms, and very high demand.

LETTUCE

The seasonal harvest transition is almost complete. Iceberg, romaine, and romaine hearts are active, but supplies are improving daily. As a result, all processed lettuce items have escalated pricing.

SPECIALTY PEPPERS

Harvest delays in Mexico due to weather and now supplies yet domestically on jalapenos, Fresno, shishito, and poblano peppers.

STRAWBERRIES

Prorates are still in effect as the new areas do not have enough supplies yet to meet the growing demand.

BROCCOLI

Market is starting to improve as new crop harvest continues. Florets should be back to normal levels by next week.

GINGER + PEELED GARLIC

Ginger has tight supplies due to shipping delays and high demand. Garlic has more availability as California and Spain supplies have hit the market; prices remain the same.

MELON

Melons have started in Central America which is easing the market slightly. Watermelons remain tight from Mexico due to high freight rates.

